**Tuesday and Thursday Clubs**

**December 2019**

Age UK Barnet, Ann Owens Centre, Oak Lane, East Finchley, London, N2 8LT Tel: 020 8432 1415

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|  | 10 – 11 | 11 – 12 | 12.30 – 1.30 | 1.30 – 3pm |
| Tuesday 3rd | Tea & Chat | Gentle Exercise | Lunch Club | Games |
| Thursday 5th | Tea & Chat | Gentle Exercise | Lunch Club | Bingo |
| Tuesday 10th | Tea & Chat | Gentle Exercise | Christmas Lunch | Panto: Little Red Riding Hood – a Rahrah theatre production |
| Thursday 12th | Tea & Chat | Gentle Exercise | Lunch Club | Musical Afternoon: Ukulele Choir |
| Tuesday 17th | Tea & Chat | Gentle Exercise | Lunch Club | Games |
| Thursday 19th | Tea & Chat, nursery children | Gentle Exercise | Lunch Club | Carols with Howard |
| Tuesday 24th | Tea & Chat | Gentle Exercise | Lunch Club | Christmas quiz |
| Thursday 26th  |  | Boxing Day |  | Closed |

*All activities may be subject to change.*