**February 2020**

**Tuesday and Thursday Clubs**

Age UK Barnet, Ann Owens Centre, Oak Lane, East Finchley, London, N2 8LT Tel: 020 8432 1415

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| --- | --- | --- | --- | --- |
|  | 10 – 11 | 11 – 12 | 12.30 – 1.30 | 1.30 – 3pm |
| Tuesday 4th | Tea & Chat | Gentle Exercise | Lunch Club | Games afternoon |
| Thursday 6th | Tea & Chat | Gentle Exercise | Lunch Club | Games afternoon |
| Tuesday 11th | Tea & Chat | Gentle Exercise | Lunch Club | Games afternoon |
| Thursday 13th | Tea & Chat | Gentle Exercise | Lunch Club | Musical Afternoon: Patricia Hammond –mezzo soprano |
| Tuesday 18th | Tea & Chat | Gentle Exercise | Lunch Club | Quiz |
| Thursday 20th  | Tea & Chat | Gentle Exercise | Lunch Club | Games afternoon |
| Tuesday 25th | Tea & Chat | Gentle Exercise | Lunch Club | Singalong with Howard |
| Thursday 27th  | Tea & Chat | Gentle Exercise | Lunch Club | Bingo |

*All activities may be subject to change.*