**Tuesday and Thursday Clubs**

**July 2019**

Age UK Barnet, Ann Owens Centre, Oak Lane, East Finchley, London, N2 8LT Tel: 020 8432 1415

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|  | 10 – 11 | 11 – 12 | 12.30 – 1.30 | 1.30 – 3pm |
| Tuesday 2nd | Tea & Chat | Gentle Exercise | Lunch Club | Jenny from Joy with nursery children and Harper. |
| Thursday 4th | Tea & Chat | Gentle Exercise | Lunch Club | Bingo |
| Tuesday 9th | Tea & Chat | Gentle Exercise | Lunch Club | East Barnet Ladies’ Choir |
| Thursday 11th | Tea & Chat | Gentle Exercise | Lunch Club | Musical Afternoon: Yuri Sabatini, tenor- back by popular demand |
| Tuesday 16th | Tea & Chat | Gentle Exercise | Lunch Club | Games |
| Thursday 18th  | Tea & Chat | Gentle Exercise | Lunch Club | Hoy |
| Tuesday 23rd | Tea & Chat | Gentle Exercise | Lunch Club | Alan sings songs from the shows then singalong |
| Thursday 25th  | Tea & Chat | Gentle Exercise | Lunch Club | Flowers with Ursula |
| Tuesday 30th | Tea & Chat | Gentle Exercise | Lunch Club | Bingo |

*All activities may be subject to change.*