**Tuesday and Thursday Clubs**

**May 2019**

Age UK Barnet, Ann Owens Centre, Oak Lane, East Finchley, London, N2 8LT Tel: 020 8432 1415

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|  | 10 – 11 | 11 – 12 | 12.30 – 1.30 | 1.30 – 3pm |
| Thursday 2nd | Tea & Chat | Gentle Exercise | Lunch Club | Bingo |
| Tuesday 7th | Tea & Chat | Gentle Exercise | Lunch Club | Jenny from Joy with nursery children and Harper. Dominoes |
| Thursday 9th | Tea & Chat | Gentle Exercise | Lunch Club | Musical Afternoon: **Diane Aidenbaum** – violin – back by popular demand. |
| Tuesday 14th | Tea & Chat | Gentle Exercise | Lunch Club | **Top Hat Tales** – a Rahrah Theatre Production |
| Thursday 16th | Tea & Chat | Gentle Exercise | Lunch Club | Quiz |
| Tuesday 21st | Tea & Chat | Gentle Exercise | Lunch Club | Singalong with Howard |
| Thursday 23rd | Tea & Chat | Gentle Exercise | Lunch Club | Games with Apple volunteers |
| Tuesday 28th | Tea & Chat | Gentle Exercise | Lunch Club | Beetles |
| Thursday 30th | Tea & Chat | Gentle Exercise | Lunch Club | Hoy |

*All activities may be subject to change.*