**Tuesday and Thursday Clubs**

**November 2019**

Age UK Barnet, Ann Owens Centre, Oak Lane, East Finchley, London, N2 8LT Tel: 020 8432 1415

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|  | 10 – 11 | 11 – 12 | 12.30 – 1.30 | 1.30 – 3pm |
| Tuesday 5th | Tea & Chat | Gentle Exercise | Lunch Club | Games |
| Thursday 7rd | Tea & Chat | Gentle Exercise | Lunch Club | Bingo |
| Tuesday 12th | Tea & Chat | Gentle Exercise | Lunch Club | Quiz |
| Thursday 14th | Tea & Chat | Gentle Exercise | Lunch Club | Musical Afternoon: Harold Lyons – My Life in Music |
| Tuesday 19th | Tea & Chat | Gentle Exercise | Lunch Club | Singalong with Howard |
| Thursday 21st | Tea & Chat | Gentle Exercise | Lunch Club | Film |
| Tuesday 26th | Tea & Chat | Gentle Exercise | Lunch Club | David Diamond entertains |
| Thursday 28th | Tea & Chat | Gentle Exercise | Lunch Club | Snakes - Orion School |

*All activities may be subject to change.*