**Ann Owens Activity Centre April 2018**

Age UK Barnet, Ann Owens Centre, Oak Lane, East Finchley, London, N2 8LT Tel: 020 8432 1415

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|  | 10 – 11 | 11 – 12 | 12.30 – 1.30 | 1.30 – 3 |
| Tuesday 3rd | Tea & Chat | Gentle Exercise | Lunch Club | Bingo |
| Thursday 5th  | Tea & Chat | Gentle Exercise | Lunch Club | Quiz |
| Friday 6th  | Tea & Chat | Gentle Exercise | Lunch Club | Bingo |
| Tuesday 10th | Tea & Chat | Gentle Exercise | Lunch Club | Michelle and her talented music pupils will entertain |
| Thursday 12th | Tea & Chat | Gentle Exercise | Lunch Club | Musical Afternoon: Diane Aidenbaum - violin |
| Friday 13th | Tea & Chat | Gentle Exercise | Lunch Club | Hoy: A fun, simple game, similar to bingo |
| Tuesday 17th | Tea & Chat | Gentle Exercise | Lunch Club | Quiz |
| Thursday 19th | Tea & Chat | Gentle Exercise | Lunch Club | Games Afternoon: Dominoes, cards, scrabble and more |
| Friday 20th  | Tea & Chat | Gentle Exercise | Lunch Club | Quiz |
| Tuesday 24th | Tea & Chat | Gentle Exercise | Lunch Club | Join us for our monthly singalong  |
| Thursday 26th  | Tea & Chat | Gentle Exercise | Arts Depot lunch 1pm | Bingo |
| Friday 27th | Tea & Chat | Gentle Exercise | Lunch Club | Games afternoon |

*All activities may be subject to change.*