**Tuesday and Thursday Clubs**

**April 2019**

Age UK Barnet, Ann Owens Centre, Oak Lane, East Finchley, London, N2 8LT Tel: 020 8432 1415

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | 10 – 11 | 11 – 12 | 12.30 – 1.30 | 1.30 – 3pm |
| Tuesday 2nd | Tea & Chat | Gentle Exercise | Lunch Club | Jenny from JOY with nursery children and four legged friend Harper. Dominoes |
| Thursday 4th | Tea & Chat | Gentle Exercise | Lunch Club | Bingo |
| Tuesday 9th | Tea & Chat | Gentle Exercise | Lunch Club | Hoy |
| Thursday 11th | Tea & Chat | Gentle Exercise | Lunch Club | Musical Afternoon: George Ritchie will sing and entertain. |
| Tuesday 16th | Tea & Chat | Gentle Exercise | Lunch Club | Nick Ham and the Golden Age of Musicals (on film) |
| Thursday 18th | Tea & Chat | Gentle Exercise | Lunch Club | Beetle Drive |
| Tuesday 23rd | Tea & Chat | Gentle Exercise | Lunch Club | Singalong with Howard |
| Thursday 25th | Tea & Chat | Gentle Exercise | Lunch Club | Quiz |
| Tuesday 30th | Tea & Chat | Gentle Exercise | Lunch Club | Bingo |

*All activities may be subject to change.*