**Ann Owens Activity Centre October 2018**

Age UK Barnet, Ann Owens Centre, Oak Lane, East Finchley, London, N2 8LT Tel: 020 8432 1415

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| --- | --- | --- | --- | --- |
|  | 10 – 11 | 11 – 12 | 12.30 – 1.30 | 1.30 – 3pm |
| Tuesday 2nd | Tea & Chat | Gentle Exercise | Lunch Club | Bingo |
| Thursday 4th  | Tea & Chat with Scribbles | Gentle Exercise | Lunch Club | Quiz |
| Tuesday 9th | Tea & Chat | Gentle Exercise | Lunch Club | Games with St John’s School Pupils |
| Thursday 11th | Tea & Chat with Scribbles | Gentle Exercise | Lunch Club | Musical Afternoon: Enfield Community Choir sings gospel and modern classics |
| Tuesday 16th | Tea & Chat | Gentle Exercise | Lunch Club | Singalong with Howard |
| Thursday 18th | Tea & Chat with Scribbles | Gentle Exercise | Lunch Club | Games afternoon with Alison and John |
| Tuesday 23rd  | Tea & Chat | Gentle Exercise | Lunch Club | Quiz |
| Thursday 25th  | Tea & Chat with Scribbles | Gentle Exercise | Lunch Club | Bingo |
| Tuesday 30th  | Tea & Chat | Gentle Exercise | Lunch Club | Hoy |

*All activities may be subject to change.*