

Fundraising events and activities are a great way of bringing friends, family and others in your community together with the common goal of having fun to help older people who are lonely and isolated, who need information and advice and other support Age UK Barnet provides.

We provide high quality services and activities for older people across the borough of Barnet. Our aim is to help them maintain their independence and increase their wellbeing. Among the projects your donations help support are our befriending service which offers companionship to the socially isolated; our computer classes; a trusted handy person service; nailcutting; exercise classes and an information and advice service.

Some of the successful fundraising events organised by our supporters include cake sales at our centres, making and selling pin cushions, a race night, an exclusive dinner, knitting, selling "parts" of a bus (no not a real bus, a picture of one!) which then entered the individuals who bought them into a draw, raffles....you name it, people have done it!

All fundraising efforts organised on our behalf are greatly appreciated and make a real difference to lives of older people in our borough.

Whilst we appreciate your support, please do remember that it is your responsibility to make sure that your event is safe and legal. We therefore ask that you let us know about any fundraising you intend to do. Please contact Helen Newman at Age UK Barnet once you have decided how you intend to fundraise for us and for any further information and advice you might need. Contact Helen on 020 8432 1422 or email helen.newman@ageukbarnet.org.uk

Organising your event

- Keep it simple and choose something you know you will enjoy.
- Set yourself a fundraising target to keep you motivated.
- Double your money by asking your employer to match the total amount you raise.
- Set up your own just giving page where you can promote your fundraising activity and allow people make a donation instantly online.

www.justgiving.com/ageukbarnet/Raisemoney

Fundraising ideas if you need inspiration

- Coffee morning
- Fashion show
- Cheese & wine evening
- Dinner/dinner dance
- Sponsored walk/bike ride/swim/silence/run
- Art sale
- Car boot sale/jumble sale/bring & buy sale
- Cake sale/plant sale/book sale
- Bingo

- Disco
- Guess the weight/ number/name games
- Quiz night
- Raffle
- Swear box
- Stop smoking / eating chocolate for a week
- Ask for a donation to Age UK Barnet instead of presents for Christmas, birthdays or other celebrations

After your fundraising activity you can

- Drop a cheque made payable to "Age UK Barnet" to the Ann Owens Centre, Oak Lane, N2 8LT. Or you can drop your cheque/cash off in person and say hello!

Pay money to us through our Just Giving page at

www.justgiving.com/ageukbarnet

Good luck, have fun and thank you!