**Activity Volunteer Role Description**

**Flower arranging for people living with dementia**

**Purpose of the role:** To ensure that all older people feel welcome, included and have an enjoyable time when they attend an Age UK Barnet Activity. Our Activities are a lifeline for isolated and vulnerable older people, helping them to get out, meet people and stay active.
This activity is particularly aimed at supporting people who are living with dementia.

**What an activity volunteer might do:**

* Provide practical assistance such as getting participants in and out of coats, opening doors and getting people safely seated
* Serve tea and coffee
* Chat to older people in groups or individually
* Build relationships with clients, giving them confidence to make friends and join in
* Encourage and help clients to take part in activities
* Help staff to set up and clear down the room
* To collect payment for activities if applicable

**Personal qualities most suited to this role:**

* Enthusiasm and lots of smiles
* Ability to work as part of a team
* An interest in developing activities for older people
* Patience, empathy with older people and good listening skills
* Chatty, a good conversation starter
* Reliable and trustworthy
* Flexible and willing to get stuck in
* Ability to show initiative

This is a very rewarding role for anyone who is keen to support older people to live fulfilling, active lives.

**What you can expect from us:** Age UK Barnet will cover agreed out of pocket expenses for volunteers (e.g. travel costs). We will also insure you for personal and public liability for the time you are volunteering with us providing what you do is risk assessed and agreed. We are happy to provide references for our volunteers.

We welcome volunteers from all sectors of the community.

**Responsible to:** Barnet Connect Programme Manager,

Age UK Barnet, Ann Owens Centre, Oak Lane, East Finchley N2 8LT

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