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| **Day Opportunities Daily Planner**    Date 01/09/2025 | | | |
| **Time** | **Activity** | | **Lead** |
| **10:00 – 11:00** | **Coffee Morning** | |  |
| **11:00 -12:00** | **Group 1**  **Looking after the garden** | **Group 2**  **Making a back-to-school bunting** |  |
| **12:00 -12:30** | **Group 1**  **Seated exercise** | **Group 2**  **Quiz** |  |
| **12:30 -13:30** | **Lunch** | | **Joka** |
| **13:30- 14:15** | **Group 1**  **Spot the difference between**  **two pictures** | **Group 2**  **Cognitive stimulation** |  |
| **14:15 -15:00** | **Enjoy the day with your choice of songs.** | | **Everyone** |