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|  **Day Opportunities Daily Planner**  Date 01/09/2025 |
| **Time** | **Activity** | **Lead** |
| **10:00 – 11:00** | **Coffee Morning** |  |
|  **11:00 -12:00** | **Group 1** **Looking after the garden**  | **Group 2** **Making a back-to-school bunting**  |  |
|  **12:00 -12:30** | **Group 1** **Seated exercise** | **Group 2** **Quiz** |  |
|  **12:30 -13:30** | **Lunch** | **Joka** |
| **13:30- 14:15** | **Group 1** **Spot the difference between**  **two pictures**  | **Group 2** **Cognitive stimulation** |  |
|  **14:15 -15:00** |  **Enjoy the day with your choice of songs.** |  **Everyone** |