|  |  |  |  |
| --- | --- | --- | --- |
| **Day Opportunities Daily Planner**  Father’s Day Week  Date 12/06/2025 | | | |
| **Time** | **Activity** | |  |
| **10:00 – 11:00** | **Coffee Morning** | |  |
| **11:00 -12:00**  **St. John’s School Visit** | **Group 1**  **Making a Bookmark** | **Group 2**  **Share memories of your father or fatherhood** |  |
| **12:00 -12:30** | **Group 1**  **Seated exercise** | **Group 2**  **Cognitive stimulation** |  |
| **12:30 -13:30** | **Lunch** | |  |
| **13:30- 14:15** | **Group 1**  **Pub experience/ Quiz** | **Group 2**  **Pampering/ Gent Grooming** |  |
| **14:15 -15:00** | **Enjoy the day with your choice of songs** | |  |