



Day Opportunities Daily Planner

12/03/2024

Time	Activity		
10:00 – 10:30	Coffee Morning		
10.30 – 12:00	<u>Group 1</u> Yoga with Sue	<u>Group 2</u> Baking a birthday cake with Kelly	
12:00-12:30	<u>Group 1</u> Irish coffee Masterclass/Word games with Donna	<u>Group 2</u> Cognitive stimulation with Malalay	
12:30-13:30	Lunch		
13:30- 14:30 <small>Howard playing Irish songs 14-14:15</small>	Afternoon Quiz & Pub games with Kelly & Malalay		
14:30- 15:00	Irish Party with traditional music and drinks		