



# Day Opportunities Daily Planner

13/03/2024

Time	Activity		
10:00 – 10:30	Coffee Morning		
10.30 – 12:00	<u>Group 1</u> Painting Irish Landscapes with Melissa	<u>Group 2</u> Word games With Malalay	
12:00-12:30	<u>Group 1</u> Movement with music with Malalay	<u>Group 2</u> Cognitive stimulation with Maria	
12:15-13:30	Lunch		
13:30- 14:30	Singalong event in Hendon Town Hall		
14:30- 15:00	Irish Party with traditional games & quizzes		