



Day Opportunities Daily Planner

Afghan & Persian New Year

Date 21/03/2024

Time	Activity		
10:00 – 10:30	Coffee Morning		
10.30 – 12:00	<u>Group 1</u> Making Birthday Cake & Preparing Dessert with Kelly	<u>Group 2</u> Afghan New Year Facts/Word Game with Sue	
12:00-12:30	<u>Group 1</u> Yoga with Ros	<u>Group 2</u> Cognitive stimulation with Sue	
12:30-13:30	Lunch		
13:30- 14:30	<u>Group 1</u> Match the Cards Game with Kelly	<u>Group 2</u> Making a Refrigerator Magnet with Sue	
14:30- 15:00	Celebrating Birthday/ Afghan New Year with Music and Afghani Tea (Shir- chai)		