



Day Opportunities Daily Planner

Afghan & Persian New Year

Date 22/03/2024

Time	Activity		
10:00 – 10:30	Coffee Morning		
10.30 – 12:00	<u>Group 1</u> Preparing Dessert with Melissa	<u>Group 2</u> Afghan New Year Fact/ Word Games with Christina	
12:00-12:30	<u>Group 1</u> Seated Exercise with Christina	<u>Group 2</u> Cognitive stimulation with Kelly	
12:30-13:30	Lunch		
13:30- 14:30	<u>Group 1</u> Making Refrigerator Magnets with Melissa	<u>Group 2</u> Match the Cards Game with Christina	
14:30- 15:00	Enjoy Multiculture Music		