



# Day Opportunities Daily Planner

## Burns Night

Date 23/01/24

Time	Activity		
10:00 – 11:00	Coffee Morning		
11.00 – 12:00	<u>Group 1</u> Senior Singalong With Jenny	<u>Group 2</u> Making Short Bread & Birthday Cake With Melissa	
12:00-12:30	Yoga With Sue	Cognitive Stimulation With Maria	
12:30-13:30	Lunch		
13:30-14:30	Jeopardy Quiz Game With Kelly	Burns Night Discussion With Melissa	
14:30- 15:00	Birthday Celebrations & Taster Session		