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| Autumn clip art Images - Free Download on Freepik **Day Opportunities Daily Planner**   Date23/09/2025 |
| **Time** | **Activity** | **Lead** |
| **10:00 – 11:00** |  **Tea & Coffee Morning**  |  |
| **11:00 – 12:00** | **Group 1****Making a centre piece & sent pot** | **Group 2** **Creative writing Autumn Stories** |  |
| **12:00 - 12:30** | **Group 1** **Seated Yoga** | **Group2****Autumn Quiz/ scattergories** |  |
| **12:30 - 13:30** | **Lunch** |  |
|  **13:30 - 14:15** | **Group 1** **Cognitive Stimulation**  | **Group 2** **Creating an Autumn reef** |  |
|  **14:30 - 15:00** |  **Music 1960’s & 1970’s** |  **Everyone** |