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| Autumn clip art Images - Free Download on Freepik **Day Opportunities Daily Planner**   Date26/09/2025 |
| **Time** | **Activity** | **Lead** |
| **10:00 – 11:00** | **Tea & Coffee Morning** |  |
| **11:00 – 12:00** | **Group 1****Creating an Autumn reef** | **Group 2****Autumn Quiz/ scattergories** |  |
| **12:00 - 12:30** | **Group 1****Exercise Chair yoga** | **Group2****Making flower centre pieces** |  |
| **12:30 - 13:30** | **Lunch** |  |
|  **13:30 - 14:15** | **Group 1****Cognitive Stimulation** | **Group 2****Creative writing Autumn stories** |  |
|  **14:30 - 15:00** | **Music 1960’s & 1970’s** |  **Everyone** |