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|  **Day Opportunties Planner** St George’s Week Date 23 /04/25  |
| **Time** | **Activity** |  |
| **10:00 – 10:30** | **Coffee Morning** |  |
| **10:30 – 12:00** | **Group 1****Making St.George Bunting****with** | **Group2****Preparing dessert/Fruit Coctail with** |  |
| **12:00-12:30** | **Group 1****Seated Exercise with** | **Group 2****General Knowledge Quiz with** |  |
| **12:30-13:30** | **Lunch** |  |
| **13:30-14:30** | **Group 1****Cognitive Stimulation with** | **Group 2****Hoops with** |  |
| **14.30 -15:00** | **Enjoy The Music** |  |