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| **Day Opportunties Planner**  St George’s Week  Date 23 /04/25 | | | |
| **Time** | **Activity** | |  |
| **10:00 – 10:30** | **Coffee Morning** | |  |
| **10:30 – 12:00** | **Group 1**  **Making St.George Bunting**  **with** | **Group2**  **Preparing dessert/Fruit Coctail with** |  |
| **12:00-12:30** | **Group 1**  **Seated Exercise with** | **Group 2**  **General Knowledge Quiz with** |  |
| **12:30-13:30** | **Lunch** | |  |
| **13:30-14:30** | **Group 1**  **Cognitive Stimulation with** | **Group 2**  **Hoops with** |  |
| **14.30 -15:00** | **Enjoy The Music** | |  |