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|  **Day Opportunities Daily Planner**   St Georges Week Date 25/04/25  |
| **Time** | **Activity** |  |
| **10:00 – 11:00** | **Coffee Morning** |  |
| **11:00 – 12:00****(Senior Singers )** | **Group 1****Senior Singers with Jenny** | **Group2****Design your own Coat of Arms with** |  |
| **12:00-12:30** | **Group 1****Chair Yoga with** | **Group 2****General Knowledge Quiz with** |  |
| **12:30-13:30** | **Lunch** |  |
| **13:30-14:30** | **Group 1****Cognitive Stimulation with** | **Group 2****Ball Game With** |  |
| **14.30 -15:00** | **Chardes Everyone** |  |