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| **Day Opportunities Daily Planner**    St Georges Week  Date 25/04/25 | | | |
| **Time** | **Activity** | |  |
| **10:00 – 11:00** | **Coffee Morning** | |  |
| **11:00 – 12:00**  **(Senior Singers )** | **Group 1**  **Senior Singers with Jenny** | **Group2**  **Design your own Coat of Arms with** |  |
| **12:00-12:30** | **Group 1**  **Chair Yoga with** | **Group 2**  **General Knowledge Quiz with** |  |
| **12:30-13:30** | **Lunch** | |  |
| **13:30-14:30** | **Group 1**  **Cognitive Stimulation with** | **Group 2**  **Ball Game With** |  |
| **14.30 -15:00** | **Chardes Everyone** | |  |