# A friendly environment in which you can receive support, make friends and have fun.

Age UK Barnsley's Health and Wellbeing Day Care Centre provides a safe and friendly meeting place for older people where you can mix with others, have a chat and take part in activities.

Our staff are trained to provide a high quality, personalised service. We can provide support with daily living activities, mobility and personal needs for people who have a disability or health condition.

#### **How it works**

Our team will work with you to develop a personalised, flexible programme of activities to take part in. These may include baking, painting, reminiscence, entertainment, gentle exercise, board games, computer support and quizzes. You will be supported to follow hobbies and interests of your own and we are always open to new ideas.

We provide a cooked two course meal or snack at lunchtime and we can cater for special diets.

Barnsley

The centre is open from Monday to Friday from 9.00am to 2.30pm. Within these times, we can provide the service on a flexible basis to suit your needs. If you are a potential client, you are welcome to a free trial session to see whether this is the service for you. Our staff will be happy to show you around, get to know you and introduce you to new people.

This is what people who use our service say about us:

"I look forward to coming, day care is my life-line"

"I don't know how I'd be without day care. I'm a different person now"

If you or someone you know would benefit from this service please see below for contact details.

## **Age UK Barnsley**

36a Queens Rd Barnsley, S71 1AR

### **One Stop Shop**

31-33 Eldon Street Barnsley, S70 2JJ

**E** enquiries@ageukbarnlsey.org.uk **T** 01226 776820 **www.ageukbarnsley.org.uk** 









# **Day Care Services**

