

The Men In Sheds project is a place where like minded men aged 50+ can come together and have a chat whilst carrying out meaningful worked based activities.

The shed aims to support men aged 50+ who may have experienced life-changing events such as redundancy, retirement, bereavement or health issues.

It may be that you are looking for inspiration for a new hobby or looking to meet new friends.

The Shed is a safe, supportive and friendly place to meet, where men can socialise whilst keeping themselves busy.

'Shedders' will have access to raised bed gardening, woodworking, games, information technology and art.

It is an opportunity to get involved in something new to make later life an enjoyable and fulfilling experience.

It really does work... Members of our shed have said:

"It's gives me a reason to get up as there is always someone to talk to"

"I look forward to going to the shed, it makes me feel part of something."

We are open Monday - Friday
10am to 4pm

Why not come along to visit us at:

**The Newburgh Building
(ground floor)**

McLintock Way
Off Summer Lane
Barnsley, S70 6BF

t: 01226 730 412

Age UK Barnsley

36a Queens Road
Barnsley, S71 1AR

**e: enquiries@ageukbarnsley.org.uk
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Men In Sheds

