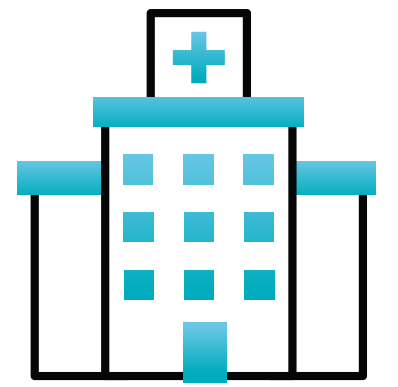




Home From Hospital



in association with Wokingham Borough Council

**Are you over 50 and a resident in the
Wokingham Borough?**

**Worried about when you return home
from hospital?**

We offer free, practical support to get you settled in at home after discharge. The service lasts for up to 3 weeks and is tailored to your needs. It can include:

- Shopping
- Light housework
- Liaison with wards and other services
- Information and advice
- Taking to GP appointments
- Ordering and collecting medication

**Speak to Occupational Therapists or staff on your ward, or:
call 0118 959 4242**

email info@ageukberkshire.org.uk

visit www.ageukberkshire.org.uk