

Useful Numbers

If you or your loved ones are in need of support, information or advice this Christmas, here is a list of useful numbers for you to call:

Ambulance, Fire and Police	999 or 112
NHS Direct (24 hour helpline)	111
Prescription/Shopping Support (NHS)	0808 196 3646
Gas Emergency	0800 111 999

Local services

	Birmingham	Sandwell
Council Tax	0121 303 1113	0121 368 1155
Benefits (Welfare, Housing etc.)	0121 464 7000	0121 368 1155
Anti-Social Behaviour	0121 303 1111	0121 368 1166
Domestic Violence (non-emergency)	0121 303 0368	0121 552 6448
Emergency Duty Team	0121 675 4806	0121 569 2355
Highway/Flooding/Transportation (out of hours only)	0121 303 4149	0121 368 1177
Adult Out of Hours Home Care Services	0121 464 5001	0121 569 2355
Adults and Communities Access Point	0121 303 1234	0121 569 2200



Later Life Planning Services

We offer information and advice to help you and your loved ones find peace of mind.

Call 0121 437 0033
www.ageukbirmingham.org.uk
www.ageuksandwell.org.uk



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info@ageukbirmingham.org.uk

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Here at Age UK Birmingham and Age UK Sandwell, we understand how important it is to look after yourself and your loved ones. We offer a wide range of services to help people in later life.

Later Life Planning Services

When it comes to making important decisions about your money or legal matters, our qualified team can help you and your loved ones find peace of mind.

Making a Will

Making a will is important because it's allows your relatives to sort this out easily, when you die.

Our team can help you to write or make changes to your Will, to ensure that your intentions and wishes are clearly set out.

Without a will, your wishes for any property, possessions or money will be executed will not come into force unless there is a will in place. In addition, unmarried partners cannot inherit from each other and any wishes for children may not be carried out, without a Will.

Lasting Power of Attorney

A Lasting Power of Attorney (LPA) is a legal document that allows you to appoint someone you trust to help make important decisions for you or act on your behalf, if you are no longer able to.

Our team can give you advice and help draft a Lasting Power of Attorney (LPA) agreement, registering it with the Office of the Public Guardian (OPG). We can also help with drafting an Advance Decision or 'Living Will'.

If you'd like to find out more information and need help dealing with your estate, please contact Tricia Scarpelli on 07984 449279 or 0121 437 0033.

Telephone and Befriending Service

This service aims to combat loneliness and isolation in older people. We offer a weekly call from a volunteer and the option to be connected to a "buddy" through our telephone befriending service.

To speak to one of our friendly volunteers, please call 0121 437 0033.