

ROLE DESCRIPTION

Activity Group Leader – Dementia Care

Responsible to: Service Manager.
Time Commitment: Minimum of 3 hours per week.
Location: Seymour Centre, South Parade, Sutton Coldfield, B72 1QU

About the Service

Age UK Birmingham provides personalised day care across Birmingham for those who are living with dementia. We promote the wellbeing of people living with dementia by encouraging independence through the development of friendships, reducing isolation and offering a wide range of activities and opportunities while promoting wellbeing and increased quality of life.

The service also provides carer respite break opportunities throughout the week; flexibility is offered around the needs of clients and carers.

Door to door transport is also provided.

About the Role

Activity group volunteers will be responsible for facilitating weekly activity groups for older people living with dementia. Specific tasks may include:

- To undertake Age UK Birmingham and Age UK Sandwell induction programme and additional relevant training where required
- To prepare any resources and equipment required to deliver the group.
- To set up the venue for the purposes of the activity.
- To facilitate activity sessions on a regular basis as agreed by the service manager.
- To report any concerns to the manager of the service.
- To attend team meetings/ supervision when required.

Personal qualities and skills most suited to this role

- Good listening and communication skills essential
- Patience and tact
- A caring, sympathetic, sensitive manner and a non-judgemental approach.
- Commitment to understanding the needs of older people living with dementia.
- Reliable/dependable/flexible
- Have a positive outlook and be committed
- Understanding of confidentiality (working with Age UK Birmingham and Age UK Sandwell's policies and procedures).
- Particular skill, knowledge or interest in the type of activity being delivered.



Time commitment

To allow time to set up and clear away after the activity we recommend a minimum of 3 hours commitment per week to run the activity group.

Activity Groups are delivered during office hours, Mon-Friday 9am – 5pm

Travel expenses will be paid – expenses form to be completed on a monthly basis

Contact

0121 437 0033 (07577993386)

volunteering@ageukbirmingham.org.uk

Or download an application form

<https://www.ageuk.org.uk/birmingham/get-involved/volunteer>