

# ROLE\_DESCRIPTION Volunteer Gardener

Responsible to: Service Manager.

Time Commitment: Minimum of 3 hours per week.

Location: Seymour Centre, South Parade, Sutton Coldfield, B72 1QU

### **About the Service**

Age UK Birmingham provides personalised day care across Birmingham for those who are living with dementia. We promote the wellbeing of people living with dementia by encouraging independence through the development of friendships, reducing isolation and offering a wide range of activities and opportunities while promoting wellbeing and increased quality of life.

The service also provides carer respite break opportunities throughout the week; flexibility is offered around the needs of clients and carers.

Door to door transport is also provided.

### **About the Role**

We are looking for a volunteer to maintain and develop the sensory garden at the centre. Specific tasks may include:

- Weeding, cultivating, sweeping, pruning, planting and watering
- Other gardening activities relevant to the season
- Cleaning and maintaining tools
- Supporting clients to partake in activities in the garden.
- To report any concerns to the manager of the service.
- To attend team meetings/ supervision when required.
- To undertake Age UK Birmingham and Age UK Sandwell induction programme and additional relevant training where required

# Personal qualities and skills most suited to this role

- Good listening and communication skills essential
- Patience and tact
- A caring, sympathetic, sensitive manner and a non-judgemental approach.
- Commitment to understanding the needs of older people living with dementia.
- Reliable/dependable/flexible
- Horticultural knowledge and skills
- Understanding of confidentiality (working with Age UK Birmingham and Age UK Sandwell's policies and procedures).



## **Time commitment**

We recommend a minimum of 3 hours commitment per week. Opening hours are Mon-Friday 9am – 5pm

Travel expenses will be paid – expenses form to be completed on a monthly basis

## **Contact**

0121 437 0033 (07577993386)

volunteering@ageukbirmingham.org.uk

Or download an application form <a href="https://www.ageuk.org.uk/birmingham/get-involved/volunteer">https://www.ageuk.org.uk/birmingham/get-involved/volunteer</a>