

# Move More In May

**Complete a mile to raise money for  
Age UK Blackburn with Darwen**

(£1 for visual map and directions of Corporation Park)

Take a selfie on your walk and send to

[emma.sharples@ageukbwd.org.uk](mailto:emma.sharples@ageukbwd.org.uk)

Start at the main entrance to Corporation Park



Start the incline to the small waterfall and 'Flora Statue





Keep following the incline and at the fork keep left. You'll go past a small pond to your right



After the small pond you'll see the conservatory on your right hand side keep going until you reach a turn off on your right hand side to complete a loop where the bird aviary is





Once completed the loop take the left retracing your steps with the conservatory now on your left hand side



Go past the small pond on your left and once you reach the fork, turn left with the bigger pond on your right hand side and take your first right turning after the pond has ended. Go down a small slope and follow to the right until the pond is back on your right hand side. Follow that path all the way down and turn left down to the bottom of the main entrance.





Turn right down the small slope



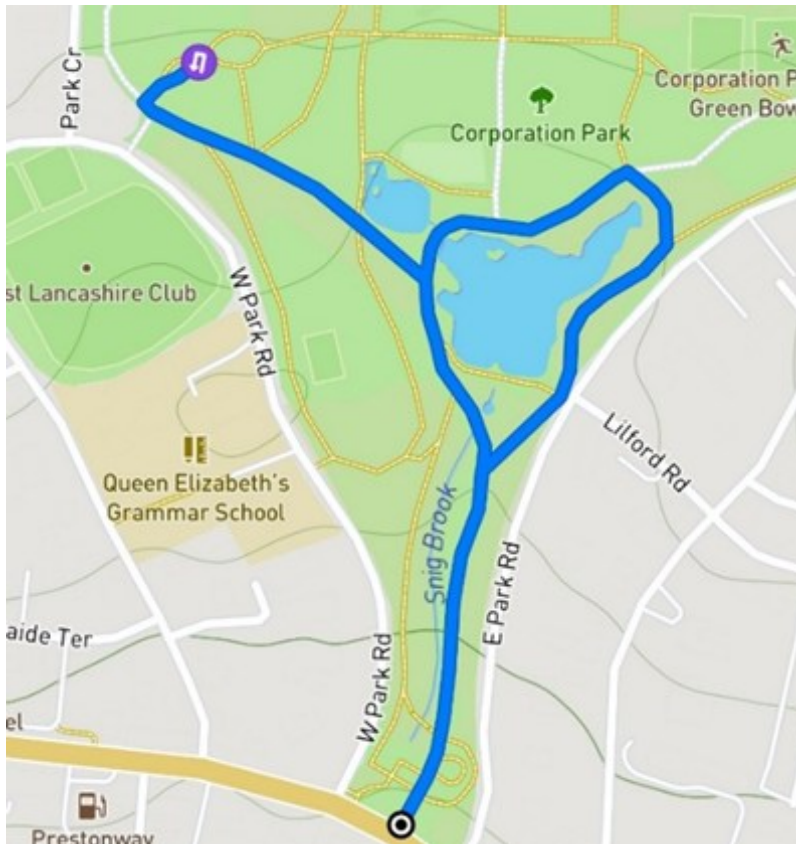
Turn right down the path with the pond on your right





Take the left and then down to the main entrance to the park





<https://www.justgiving.com/campaign/moveamileinmay>



**Paths described may be pleasant for walking in fine weather. Please note that this is a suggested walk only that is 1 mile in distance – you should always take into consideration your own mobility, health and ability before you set off and seek advice from a GP or qualified health professional.**

**You walk at your own risk and Age UK Blackburn with Darwen cannot accept responsibility for any injuries, damages or losses that may occur on this walk.**

Visit our website for more details of our services and activities [www.ageukbwd.org.uk](http://www.ageukbwd.org.uk) or follow us on social media



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