

Location: Active Ageing, Darwen

Role: Walking Football Leader

What your responsibilities will be:

To assist in the coordination and delivery of Active Ageing walking football sessions at Darwen AFC. To be a source of information for the service users and to assist in the smooth running of the sessions.

What you will need to be able to do:

- ✓ Complete paperwork as required
- ✓ Keep up to date registers of activity sessions
- ✓ Communicate clearly with people
- ✓ Assist people as required
- ✓ Liaise with venues and set up equipment as required
- ✓ Collect and record monies as required

This role may require an enhanced DBS check

How much training and how long it will take?

All volunteers are required to complete the following online training before they start volunteering:

- Health & Safety in the Work Place
- Manual Handling
- Information Security
- Fire Safety Awareness
- Safeguarding Awareness
- Dementia Awareness
- Equality & Diversity
- Infection Prevention & control

To complete the mandatory training takes approximately 9 hours over 6 weeks

In addition, this role requires training in:

- Personal Safety
- Domestic Abuse and Intimate Partner Violence

You will also be asked to undertake some FA training courses

- The BT FA Playmaker course
- FA Introduction to First Aid in Football
- FA Safeguarding Children Course

The additional training will take 9 hours in total

What qualities you will need:

- ✓ Honesty
- ✓ Reliability
- ✓ A clean and presentable appearance
- ✓ A pleasant, polite and confidential manner
- ✓ Good Communication skills
- ✓ An appropriate level of physical fitness as required by



the activity

Please see overleaf for more information

Things you MUST agree to:

- ✓ Comply with Age UK Blackburn with Darwen policies at all times, especially those regarding Equal Opportunities, Health & Safety and Confidentiality
- ✓ Undertake required mandatory training, provided by the organisation to comply with current legislation
- ✓ Participate in volunteer reviews
- ✓ Keep your manager informed when you are unable to attend or of other things that affect your volunteering i.e: health conditions

Fundraising - As a local independent charity, fundraising is vital to the continuation of our local services for older people. There are lots of ways of supporting us through helping with bag packs or bucket collections, delivering posters, helping at events, undertaking sponsored activities, sharing our social media posts, donating to and buying from our Charity Shop in Darwen. All volunteers are asked to support us in this way.

Last reviewed September 2021

Next review due September 2022

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