

# Organisations who can help

## Age UK Blackburn with Darwen

Tel: 01254 266620

Email: [heretohelp@nhs.net](mailto:heretohelp@nhs.net)

Website: [www.ageukbwd.org.uk](http://www.ageukbwd.org.uk)



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## BwD Carers Service

Tel: 01254 688440

Email: [office@bwdcarers.org.uk](mailto:office@bwdcarers.org.uk)

Website: [www.bwdcarers.org](http://www.bwdcarers.org)



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## Flourishing Minds

Tel: 01257 682037

Email: [flourishingminds@lancashiremind.org.uk](mailto:flourishingminds@lancashiremind.org.uk)

Website: [www.lancashiremind.org.uk](http://www.lancashiremind.org.uk)



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## Wellbeing Service

Tel: 01254 682037

Email: [wellbeing@blackburn.gov.uk](mailto:wellbeing@blackburn.gov.uk)

Website: [www.refreshbwd.com](http://www.refreshbwd.com)



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## Care Network

Tel: 01254 507255

Email: [info@carenetwork.org.uk](mailto:info@carenetwork.org.uk)

Website: [www.carenetwork.org.uk](http://www.carenetwork.org.uk)



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For more info visit [www.bewellbwd.com](http://www.bewellbwd.com)

