

Community Classes and Activities

Weekly at the Age UK Ageing Well Centre, Cross Street, Farnworth BL4 7AG

Day	Activity	Time
Monday	Line Dancing Beginners	1.15pm - 2.15pm
	Line Dancing Improvers	2.30pm -3.30pm
	Fun quiz	10am – 12pm
	Advanced guitar (self-led)	1.30pm – 3.30pm
Tuesday	Board Games (self-led)	10am - 12pm
	Guitar Group (self-led)	1.30pm-3.30pm
Wednesday	Mixed Keyboards (tutor led)	10am – 12pm
	Mixed Crafts (tutor led)	10am – 12pm
	Family History (tutor led)	10am – 12pm
	Family History (tutor led)	1.30pm – 3.30pm
	Parchment Craft	1.30pm – 3.30pm
	Holistic Therapy with Anne Marie (Please Enquire for bookings)	Half Hour & Hourly Appointments
Thursday	Zumba Gold	11.30am - 12.15pm
	Table Tennis & Pool	2.00-4.00pm
Friday	Mixed Keyboards (tutor led)	10am – 12pm
	Tea Dance (Sequence)	2.00pm – 4.00pm

Monthly at the Age UK Bolton Ageing Well Centre

Day	Activity	Time
Monday	Book Group (First Monday of the month)	10.00am-12pm
Tuesday	Monthly Men's Group Jan 18 th , Feb 8 th , March 15 th	2.00pm – 4.00pm
	Monthly Friendship Group Jan 11 th , Feb 1 st , March 8 th	2.00pm – 4.00pm
	Monthly Afternoon Tea Jan 25 th ,Feb 22 nd , March 29 th	2.00pm – 4.00pm

Community Classes and Activities

Weekly at other venues

Day	Activity	Time	Venue
MONDAY	Art	10am - 12pm	Thicketford Centre, Thicketford Road, Bolton BL2 2LW
	Card Making Workshop	10.30am - 12pm	Brightmet Library, Brightmet Fold Lane, Bolton, BL2 6NT
	Dominoes	2pm – 4pm	Manor Gardens Extra Care Housing, Hough Fold Way, Bolton BL2 3DR
	Knit and Natter	2pm - 4pm	Bromley Cross Library, Toppings Green, Bromley Cross, Bolton BL7 9JU
TUESDAY	Card Making Workshop	10am – 12pm	Harwood Library, Gate Fold, Harwood, Bolton BL2 3HN
	Sew So Crafty Workshop	10.30am – 12pm	Brightmet Library, Brightmet Fold Lane, Bolton, BL2 6NT
	Mah Jong	1pm – 3pm	Bolton Central Library, Le Mans Crescent, Bolton, BL1 1SE
THURSDAY	Knit & Natter	10.30am – 12pm	Brightmet Library, Brightmet Fold Lane, Bolton, BL2 6NT
	Knit & Natter	10am – 12pm	Harwood Library, Gate Fold, Bolton BL2 3HN
	Knit and Natter	10.30am – 12pm	Farnworth Library Market Street, Farnworth, BL4 7PG
	Scrabble	2pm – 4pm	Harwood Library, Gate Fold, Bolton BL2 3HN
FRIDAY	Card Making Workshop	10am – 12pm	Thicketford Centre, Thicketford Road, Bolton BL2 2LW
	Art Workshop	10.30am – 12pm	Brightmet Library, Brightmet Fold Lane, Bolton, BL2 6NT

For more information on classes dates or venues please call The Age UK Bolton Ageing Well Centre on 01204 701525 or The Square on 01204 382411