

## WORTH CONNECTING VIRTUAL INFORMATION SESSIONS

The following sessions are designed to give an overview of what is now possible online and will be less than one hour in duration. Age UK Bradford District would like to invite you to join us at 2.00pm on Wednesdays on Zoom (join via the links below).

If anyone is interested but need to support to join the session, Worth Connecting can help if we know at least a couple of days before the session.

### FEBRUARY

**3rd – VIDEO CALLING** [Join by clicking here](#)

**10th – ENTERTAINMENT** [Join by clicking here](#)

**17th – SHOPPING** [Join by clicking here](#)

**24th – HEALTH** [Join by clicking here](#)

### MARCH

**3rd – CARERS – ONLINE RESOURCES** [Join by clicking here](#)

**To book a place call Su on 0788 009 2310 or email  
[su.gupta@ageukbd.org.uk](mailto:su.gupta@ageukbd.org.uk)**

 [facebook.com/worthconnecting](https://facebook.com/worthconnecting)

