

COVID-19 Emergency Shopping Support

25/03/20

Dear Sir/Madam,

In light of the COVID-19 pandemic, we understand that many of our customers and friends in the community may feel anxious about leaving their homes to buy their food shopping.

Care Outlook and Stanstead Lodge with the support of Lewisham and Greenwich council have decided to reach out to the community to offer to manage some of your shopping during this time.

We have two options we can offer you, you can choose 1, 2 or both:

Option 1)

Fare Share, which organise end of day collections from supermarkets and individual outlets are signposting food parcels to us that we can share out in the community. These parcels will be a mixture of non perishable and perishable food items however, we cannot guarantee specific items. We can offer to prepare a "pot luck" box with a selection of whatever is available in either 1kg or 2kg bundles. We will endeavour to ensure that all bundles contain a variety of items from the produce we receive.

Option 2):

This is a standard shopping service where we will carry out your usual household/food shop in a local supermarket and deliver it to your doorstep. Much like a normal supermarket shop, there will be a charge per item (we have priced the items as accurately as we can to match local supermarket prices) however there will be no service/delivery charge.

- We will not be able to refund you if we get them cheaper and we will not charge more if we pay more. Any surplus of money will be donated to Stanstead Lodge Seniors Club.
- We would prefer that payments are made for this in advance by telephone using a debit/credit card. If we are unable to get any of the items you have requested, we will refund the difference back to your card. Only in exceptional circumstances can we accept cash, we prefer to avoid it for auditing reasons.

Please see overleaf the options available for both option 1 and 2. When you call us we will complete the list, take payment and deliver the list with your items. Please note that due to high demand we may find that not all items are available, but we will do our best! All drivers are DBS checked and vetted by Care Outlook. **Drivers will have ID and we encourage you to call the office to verify the driver on: 0208 695 9008 OR 0208 695 9000.**

If you would like to place an order please contact **0208 695 9008** where our dedicated team would be delighted to assist you. **Please note that we will do our best to get all of the items you require.**

Kind Regards

Care Outlook & Stanstead Lodge Senior Club.

Customer Name: _____ Tel Number: _____ Date / Time: _____

Address: _____

No.	Item:	Price:
	GRAINS	
1	Bread (White, 1 loaf)	£1.20
2	Bread (Wholemeal, 1 loaf)	£1.20
3	Pasta (approx. 500g)	£0.60
4	Pasta Sauce (1 small jar)	£0.70
5	Rice (approx. 500g)	£1.10
	BREAKFAST	
6	Cornflakes (1 box)	£2.00
7	Wheatabix (1 box)	£1.60
8	Porridge oats (1 pack)	£1.20
	MEATS	
9	Bacon 300g	£1.50
10	Ham (Sliced) 400g	£2.20
11	Minced Beef 500g 20% Fat	£1.65
12	Chicken breast 300g	£1.70
13	Pork Sausages 454g	£1.50
	FISH	
14	Fresh Fish: Mackerel 2 fillets	£2.25
15	Fresh Fish: Salmon 2 fillets	£3.25
16	1 Tinned Fish: Tuna	£1.10
17	1 Tinned Fish: Salmon	£2.30
	DAIRY	
18	Butter (e.g. "olive" spread)	£1.90
19	Butter (salted)	£1.55
20	Butter (no salt)	£1.55
21	Cheese- English Cheddar (mild), 400g	£2.00
22	Cheese-English Cheddar (medium), 400g	£2.00
23	Cheese-English Cheddar (strong), 400g	£2.00
24	Milk (1 pint) Semi-skimmed	£0.60
25	Milk (2 pint) Semi-skimmed	£0.80
26	Milk (4 pint) Semi-skimmed	£1.10
27	Eggs (box of 6)	£1.55
28	Fat-free fruit yogurt (misc flavour)	£0.60
	CANS (per tin)	
29	Baked beans	£0.30
30	Soup- Tomato/ Chicken/ Veg	£0.50
31	Jam- Strawberry/ Raspberry	£0.80
	FareShare Box (1kg)	n/a
	FareShare Box (1.5kg)	n/a

No.	Item:	Price:
	PRODUCE	
32	Apples (1 bag 6 apples)	£1.65
33	Bananas (1 bunch 5 bananas)	£1.00
34	Mixed Berries 300g	£3.00
35	Broccoli (1 large head)	£1.65
36	Cauliflower (1 large head)	£1.00
37	Cucumber (1 loose)	£0.60
38	Baking Potatoes (pack of 4)	£1.50
39	Mixed Grapes 300g	£2.10
40	Lettuce (1 large head)	£0.65
41	Mushrooms 200g	£1.15
42	White Onions (each)	£0.80
43	Oranges (each)	£0.40
44	Peppers (each)	£0.43
45	Tomatoes (pack)	£0.70
46	Microwave mixed vegetables	£1.50
	Pre-Prepared Foods	
47	Cheese & Tomato Pizza	£1.60
48	Roast Dinner Chicken or Beef	£2.00
49	Cottage Pie	£2.00
	SNACKS	
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50	Biscuits- Chocolate (1 Pack)	£0.85
51	Biscuits- Digestives Plain (1 Pack)	£1.20
52	Biscuits- Rich Tea (1 Pack)	£1.30
	DRINKS	
53	1L Carton Juice- Orange	£1.30
54	1L Carton Juice- Apple	£1.30
55	1L Carton Juice- Cranberry	£1.30
56	Coffee 200g	£3.15
57	Tea Bags (small box)	£2.40
58	Squash/Cordial- Orange 750ml	£0.85
	OTHER	
59	Olive oil 500ml	£2.35
60	Vegetarian ready meal	£2.00
61	Chicken and pasta ready meal	£2.00
62	Sugar	£0.75
	FareShare Box (2kg)	n/a
	FareShare Box (2.5kg)	n/a

Special Requests/allergies:

OFFICE USE ONLY: GDPR: Order taken by: _____ Payment confirmed by: _____

Delivery Day / Approx Time: _____ Confirmed with SU: _____ Key Safe: _____

