

Dementia Action Week



What's happening in the borough?

Monday 20 May	Tuesday 21 May	Wednesday 22 May	Thursday 23 May	Friday 24 May
10:30am -12:30pm	9:00am – 3:30pm	10:30am- 1:30pm	9:00am-12:00pm	10:30am-12:30pm
<p>Handling History</p> <p>A unique experience to handle a range of interesting and unusual objects.</p> <p><i>Age UK Bromley & Greenwich event at</i> Community House, South Street, Bromley BR1 1RH</p> <p>FREE!</p>	<p>Bromley Dementia Action Alliance</p> <p>A collection of information tables in the foyer</p> <p>Orpington Tesco 9 Augustus Lane, Orpington BR6 0NH</p> <p>FREE!</p>	<p>The Fabric of Care</p> <p>Living with Dementia: a daughter's journey Exhibition and talk.</p> <p>Talk is from 11:00am- 12:00pm</p> <p>Orpington Library 01689 831 551 Please call to book your place</p> <p>FREE!</p>	<p>Bromley Dementia Community Conference</p> <p><i>Keynote Speaker:</i> <i>Hilary Doxford</i> <i>sponsored by</i> <i>TUcare</i></p> <p><i>A Bromley Dementia Support Hub event sponsored by</i> <i>Orpington 1st at</i> Odeon, Walnuts Shopping Centre, Orpington BR6 0TW</p> <p>FREE!</p>	<p>Memory Lane Dementia Café</p> <p>Regular event!</p> <p>Retro Sweet Session <i>Bromley Dementia Support Hub and</i> <i>Age UK Bromley & Greenwich event at</i> Community House, South Street, Bromley BR1 1RH <i>Sponsored by</i> <i>Plum Care</i></p> <p>FREE!</p>
<p>Monday- Wednesday 10:00am- 4:00pm Art Display Beckenham Mindcare Dementia Services Glades Shopping Centre, 2nd floor (opposite Lush)</p> <p>FREE!</p>				
<p>www.bromleydementiasupporthub.org.uk/dementia-action-week-2019</p>				
2:00- 3:30pm	2:00-4:00pm	2:00-3:30pm	2:00 – 4:30pm	1:30- 2:30pm
<p>Love to Move</p> <p>An exercise class run by <i>Home Instead</i></p> <p>The Assembly Halls, 18 Gates Green Road Coney Hall West Wickham BR4 9JW</p> <p>Cost: £3.00</p> <p>Regular event!</p>	<p>Carers Arts & Crafts Making Memory Books</p> <p>To book your place: 020 8315 1925</p> <p>Community House, South Street, Bromley BR1 1RH</p> <p>FREE!</p>	<p>Singing with Friends</p> <p>Dementia Choir for people with memory problems and carers also welcome!</p> <p>Regular event!</p> <p><i>U3A, Age UK Bromley & Greenwich and Bromley Dementia Support Hub at</i> Bromley United Reformed Church, 20 Widmore Road, Bromley BR1 1RY</p> <p>FREE!</p>	<p>Street Party</p> <p>Tea, cake, singing and dancing</p> <p><i>MyTime Active</i> Crofton Halls, 27 Crofton Rd, Orpington BR6 8QE Cost: £8.00 Booking required 07714 077 408</p> <p>Beckenham Dementia Café St Edmund's Hall, Village Way, Beckenham BR3 3NP</p> <p>Regular event!</p>	<p>Flash Mob Choir (TBC)</p> <p>The Glades Shopping Centre (outside Zara) TBC</p> <p>FREE!</p> <p>Some events are subject to change. Please check before attending. Bromley Dementia Support Hub 020 8315 1885</p> <p>Regular event!</p>
<p>Information stands at the PRUH and Orpington Hospital throughout the week!</p>				