

Age UK Bromsgrove, Redditch & Wyre Forest Volunteer

Foot Care Volunteers

- We often take them for granted, but our feet are so important for our mobility and general wellbeing
- By taking routine care of our feet, serious problems can usually be avoided (as well as reducing the risk of trips and falls) however, activities such as simple nail cutting can often become more challenging as we age
- It is important, therefore, that older people have access to affordable foot care services locally that meet their individual needs which is why Age UK BRWF offers a **Community Foot Care service**, run by volunteers, who cut toenails and treat hard skin for people who can no longer do it for themselves
- In order that it can develop the service across North Worcestershire, Age UK BRWF Age is seeking to recruit volunteers from across Bromsgrove, Redditch and Wyre Forest



What do Foot Care Volunteers do?

- Our Foot Care Volunteers provide a basic toe nail cutting service to clients at a local community venue, within agreed appointment slots, on a rota basis. Volunteers also update and liaise with the service co-ordinator to ensure the efficient and professional delivery of this service

Personal qualities most suited to this role:

- No previous experience is required, as full training will be provided
- The key personal strengths we require from our volunteers are patience, understanding and ability to get along with a variety of people
- Because of the nature of the role applicants should be reliable, trustworthy, have good communication skills and an understanding of safeguarding
- A DBS check is required for this role

What you will get out of the role?

- A rewarding experience (this is a great way to make a real difference to someone's life), you'll be giving something to the community, plus you will be a part of the Age UK Bromsgrove, Redditch and Wyre Forest Team.

What is expected of me?

- We are seeking people who can commit a few hours a month and who are interested in making a real difference

What you can expect from us?

- You will be joining an existing team and will have the ongoing support of the service co-ordinator
- We will make sure that you receive appropriate training for the role. We will also cover agreed out-of-pocket expenses for volunteers

For further information please contact us on 01527 570490

Email: enquiries@ageukbrwf.org.uk Visit: www.ageuk.org.uk/brwf/

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