

What's Happening - In Brief

A Note from Amanda Allen (CEO of Age UK BRWF) - April 2025

I hope that everybody had a good Easter break! Those of you that have visited Bromsgrove High Street recently will have seen that the signage is now in place at our new shop (with our new logo) and, after a lot of hard work by Sue and the team we now have an official opening date! Our new, permanent High Street Shop will be opened by Chairman of Bromsgrove District Council, Cllr Sam Ammar, at **11am** on Wednesday 7th May 2025! The team are now accepting donations of good quality furniture and household items, so if you (or anybody you know) can help, please contact our Retail Logistics team on 01527 868835 (and don't forget to Gift Aid your donations if you can)



- This month we have also launched our £10k for I&A campaign, with the aim of raising funds to help support the continued operation of our free Information & Advice service. Thank you to everyone that supported our initial Easter Raffle fundraiser (more details overleaf)!
- This is a busy time of year for our **At Home** service, but the team is in need of **Gardeners** to • support clients living in Wyre Forest. If you know anybody that that is seeking flexible, part-time work then please encourage them to visit the Work for us section of our website or contact our At Home Manager, Sam Jones
- Following last month's announcements, we are still awaiting feedback from the Charity Commission regarding changing our name to Age UK North Worcestershire and extending our boundary areas. Reaction from all of the meetings and groups etc that I attend has been very positive, so we hope a response will be received soon so that we can moving forward!

Our Employee of the Quarter!

- We are thrilled to announce that Retail Data Administrator, Emma Stenson, has been named Employee of the Quarter!
- Nominated by her colleagues, Emma stands out for the

energy and positivity she always brings to her work

Even when tackling a challenging project, Emma



Emma with CEO Amanda

shows up with enthusiasm, a can-do attitude, and a clear commitment to getting things done well!

Well Done Emma!

@AgeUKBRWF

@AgeUK BRWF

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Your Wellbeing - What is it, really?

As a member of Worcestershire's Work Well Live

Better we have access to a range of support focusing upon wellbeing, including the support programme Here for You. We hear a lot about looking after **your wellbeing** – but what does that actually mean?



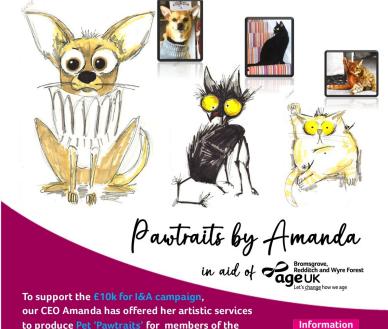
- Wellbeing is about how we're doing, day to day. It's not just physical health, but how we're feeling mentally and emotionally too. It's about having the right support, managing stress, staying connected, and maintaining a good balance between work and life. Looking after our wellbeing helps us feel more focused, motivated and better equipped to deal with whatever comes our way
- We have resources to support you (including a dedicated 'Wellbeing section on the main Age UK BRWF SharePoint site) and we are here if you want to talk, so please **reach out** via your manager of by contacting Kate Ware (01527 868841 86 / kate.ware@ageukbrwf.org.uk)

Help us to 'Raise £10k for I&A!'

- · Our 12-month campaign to raise £10k to help support the running costs of our free Information & Advice service is now live, with our first activity, our Easter Raffle, raising £151.53! At the time of writing our current total stands at £256 (so we are just over 2.5% there!)
- In addition to the charity organising specific activities and events, we are also



asking people to get involved with their own individual fundraising ideas. Our CEO Amanda has responded to this challenge with 'Pawtraits by Amanda'



to produce Pet 'Pawtraits' for members of the Age UK BRWF Team. Here are examples of some of Amanda's work!

For a suggested minimum donation of £12.50, you can receive your own unique, artistic interpretation of your favourite Pet!

If you are interested:

Age UK Bromsgrove, Redditch & Wyre Fores, Regi

- 1. Email your Pet Photo(s) to Kate Ware (kate.ware@ageukbrwf.org.uk)
- 2. Upon confirmation of your Pawtrait please make your donation by scanning the QR code or via

3. Enjoy!

• **#CanYouHelp** - To support the campaign, we are looking to hold Bucket Collections in each of our Districts during June, starting with Tesco (Redditch) on 4th June. If you can spare an hour or so, please contact Kate, Emma or Jo!

Move More Alvechurch!

· Thanks to the support of the Healthy

Worcestershire Programme, on 7th May we will be starting a new Move More Class at the Baptist Church in Alvechurch, Wednesdays 1.00-2.00pm



Opening of New Shed!

Following their move from the Stoke Prior Unit (where the group had been since 2016), on Friday



28th March Cllr Sam Ammar supported the formal opening of the 'New' Bromsgrove Shed in Finstall. You can find more pictures from the opening in the News section of our website

If you are a Coop Member you can support Bromsgrove Men In Sheds by voting for them as part of the Local Community Fund https://

membership.coop.co.uk/

causes/88298 From the first week in April 2025 until the end of June 2025 you can also vote for the Shed as part of the Blue Token Scheme at Tesco in Rubery

Dates for the Diary

- 07/05/25 Official opening of our High Street Charity Shop by Cllr Sam Ammar
- 09/05/25 As her final fundraising event as for Age UK BRWF, Cllr Sam Ammar is hosting a Charity Golf **Tournament & Dinner** at Bromsgrove Golf Centre



& Advice

thank you!

everything that we do!

Help us E10K for I&A!