

# Age UK Bromsgrove, Redditch & Wyre Forest Volunteer

# **Online Champions**

 Most of us would find it difficult to live without technology such as our televisions, mobile phones and computers. Technology brings such a lot of benefits, however, in a society that is becoming increasing connected, 'digital exclusion' is becoming a growing form of 'social exclusion'. The



latest national statistics suggest that 3.7 million people aged 65+ have never used the internet - almost one third of the demographic

 Age UK BRWF runs regular Computer Clubs, led by experienced Tutors, for people who want to learn more about modern technology and how it can help them (the Charity is also developing its support to include other local community groups). Can you help us to tackle digital exclusion in North Worcestershire by becoming one of our Online Champions?

#### What Online Champions do?

- As an Online Champion, introducing older people to technology, you can have a big impact on a person's independence and their social life, helping them to meet new people, stay in touch with their families and connected to the world around them, reducing the loneliness and isolation some people experience in later life
- You can use your experience to help develop a person's confidence and teach them basic skill such as:
  - Using a laptop, tablet or smart phone
  - o Getting online
  - o Using the internet for browsing, email, shopping or paying bills
  - Using Skype to make video calls

#### Personal qualities most suited to this role:

- The key personal strengths we require from our volunteers are patience, understanding and ability to get along with a variety of people
- Online Champions don't have to be 'IT Experts' they just need to have an enjoyment of being online themselves, some confidence with basic computer use, and, most of all, a willingness to help others

#### What you will get out of the role

• A rewarding experience (this is a great way to make a real difference to someone's life), you'll be giving something to the community, plus you will be a part of the Age UK Bromsgrove, Redditch and Wyre Forest Team.

# What is expected of me?

- Regular support for one (or more) of our Computer Clubs and/ or community sessions this typically involves a commitment of around 2 hours a week
- All Volunteers will be asked to adhere to Age UK BRWF's policies and procedures (including procedures for DBS checks and safeguarding policies)

# What you can expect from us?

- All Online Champions will have the support of one of our IT Tutors
- We will make sure that you receive any appropriate training for the role
- We will also cover agreed out-of-pocket expenses for volunteers

# For further information please contact us on 01527 570490 Email: <u>enquiries@ageukbrwf.org.uk</u> Visit: www.ageuk.org.uk/brwf/ Age UK Bromsgrove, Redditch & Wyre Forest, 51 Windsor Street, Bromsgrove B60 2BJ