

## Join us for a range of activities and classes in Redditch!

#### We'd love to see you!

There are a variety of activities and classes taking place at venues across Redditch, providing great opportunities to socialise, join in and relax in a friendly atmosphere!



- Gentle Keep Fit Monday 10.00-11.00am and 11.30am-12.30pm, plus Thursday 9.30-10.30am
- **Bingo** Monday 1.00-3.30pm
- Art Class (for everyone) Tuesday 11.00am-1.00pm
- Indoor Bowls Wednesday 2.00-4.00pm
- **Tea Dance** (for experienced dancers) Friday 2.00-4.00pm



### Ecumenical Centre 6 Evesham Walk, B97 4EX

- Gentle Keep Fit Wednesday 10.00-11.00am
- **Tai Chi** Thursday 2.30-3.30pm

#### Webheath Village Hall Heathfield Road, B97 5SQ

• Gentle Keep Fit - Wednesday 2-3pm



# Want to learn new computer skills to help you cope with modern life?

Our friendly and supporting tutors can provide Home Tuition are here to provide if you want to learn more about modern technology and how it can help you.

For more information please call

01527 570490

or visit ageuk.org.uk/brwf / email: enquiries@ageukbrwf.org.uk