

Join us for a range of activities and classes in Redditch!

We'd love to see you!

There are a variety of activities and classes taking place at venues across Redditch, providing great opportunities to socialise, join in and relax in a friendly atmosphere!

Community House 103 Easemore Road, B98 8EY

- Gentle Keep Fit Monday 10.00-11.00am and 11.30am-12.30pm, plus Thursday 9.30-10.30am
- Bingo Monday 1.00-3.00pm
- Art Class (for everyone) Tuesday 11.00am-1.00pm
- Indoor Bowls Wednesday 1.30- 3.30pm
- Tea Dance (for experienced dancers) - Friday 2.00-4.00pm



Ecumenical Centre

• **Tai Chi** - Thursday 2.30-3.30pm

Webheath Village Hall Heathfield Road, B97 5SQ

• Gentle Keep Fit - Wednesday 2-3pm

Join Age UK BRWF's Activity Group!

- Age UK BRWF's Activity Group organises a variety of events and trips throughout the year
- Membership is £5 a year



For more information please call

01527 570490

or visit ageuk.org.uk/brwf / email: enquiries@ageukbrwf.org.uk