

# Dementia UK and Admiral Nursing



**DementiaUK**

Helping families face dementia

**This Admiral Nurse post is hosted in collaboration with Dementia UK. This means you will be employed by a host organisation (such as an NHS Trust, a local authority, or a care provider) and be subject to the employer's terms and conditions with ongoing support from Dementia UK to develop, maintain and strengthen your practice and clinical expertise.**

**This pack includes information about Dementia UK and the support offer provided to Admiral Nurses.**



# A warm welcome from Dementia UK's Chief Admiral Nurse



**Dr Hilda Hayo**  
Chief Admiral Nurse and Chief Executive Officer

## Dear candidate,

Thank you for your interest in Admiral Nursing. Every day, my colleagues and I hear about the struggles that families affected by dementia face. Families often contend with many difficult issues – from understanding the dementia diagnosis to accessing services and support.

### **This is where we come in.**

Admiral Nurses are specialist dementia nurses who can help families make sense of the diagnosis and provide life-changing support with preventing or managing complex issues relating to dementia.

They can give tailored health advice and emotional support, advise on financial issues and money worries, and help build links with other health and care professionals. They are a lifeline for families who often don't know where to turn.

Not only do Admiral Nurses improve families' quality of life, but they also reduce the pressure on other care providers by helping prevent crises such as avoidable hospital admissions.

Families tell us that the support of an Admiral Nurse can make a huge difference to their experience of dementia, and that their advice and guidance often enables them to care for their relative at home for longer.

Dementia UK also plays an active part in developing national policy and guidance regarding dementia care so that the needs of families are reflected in the future development of services and support.

If you have the skills, experience and passion needed to become an Admiral Nurse, I encourage you to submit your application and help make a real difference to families affected by dementia.

Best wishes,

*Hilda*

# About Dementia UK

Dementia is a growing health crisis. Currently, around 944,000 people in the UK live with the diagnosis. And it doesn't just affect the person with dementia – families and friends often find themselves in the difficult role of full-time or part-time carer.

## That's why Dementia UK is here.

Dementia UK is the specialist dementia nursing charity. Its nurses, known as Admiral Nurses, provide expert, compassionate support for families affected by all forms of dementia.



## Our 2020-25 strategy

More than one million people will be living with a form of dementia by 2025, and with no cure in sight, this number is set to rise significantly over the coming decades.

This means more families than ever before will be affected by dementia, and in need of specialist advice and support.

The overarching aim of our strategy for 2020-25 is to enable more families to access the support of Admiral Nurses by:

- developing new Admiral Nurse posts and clinics in the community across the UK
- increasing the number of Admiral Nurses working in hospitals
- continuing to invest in our free Dementia Helpline and developing new digital methods to allow people to access the expertise of our Helpline nurses
- delivering our Dementia at Work resource, supporting the thousands of carers juggling work and caring responsibilities, and the companies that employ them
- developing new Admiral Nurse posts to address the unique challenges faced by people from Black, Asian and other minority ethnic communities, people with young onset dementia (where symptoms develop before the age of 65), and those with learning disabilities
- developing our website and digital resources, ensuring timely, practical advice is accessible to everyone

# About Admiral Nurses

Admiral Nurses are qualified nurses, including RNs, RNMHs and RNLDs, with a professional specialism in dementia. They provide specialist dementia support for families facing complex needs.

As experts in dementia, Admiral Nurses are there for the whole family. They are there when people need them most, providing health advice, offering compassionate emotional and psychological support and helping families plan for the future.

## The main aims of Admiral Nursing are:

- supporting family carers to better cope with their caring role, improving their wellbeing and quality of life
- supporting the person with dementia to improve their health and welfare, and to adjust to and cope with their diagnosis
- working with other health and social care professionals to influence, develop and enhance their knowledge, skills and experience of working with people with dementia and their family carers. The upskilling of colleagues allows the expertise of Admiral Nurses to reach beyond the families on their direct caseload
- influencing healthcare systems, teams and organisations to identify and implement ways that services can be improved, developed and delivered

## Five reasons to become an Admiral Nurse



You will have the time and space to be creative and innovative. Admiral Nurses often work autonomously. You will also work collaboratively with families to manage complex needs, prevent crises and improve their quality of life.



You will have opportunities to attend a wide range of Professional and Practice Development activities through the Admiral Nurse Academy – please see p4 for details of our offer.



You will develop your practice and increase your expertise. You will be supported to access relevant education and development opportunities informed by the Admiral Nurse Competency Framework.



You will join a network of Admiral Nurses who will support you by sharing best practice, giving expert tips and ideas, and offering advice based on their own experience to help you in your role.



You will be part of a nurse-led service that has seen significant growth in recent years. This is an exciting time to be part of a dynamic team that is developing all the time and committed to providing the highest standard of dementia support.

# Dementia UK's support offer

Admiral Nurses receive wraparound support from key teams within Dementia UK, including our Insights and Evaluation Team and Research and Publications Team.

## The Admiral Nurse Academy

You will be enrolled into the Admiral Nurse Academy. This is a dedicated central learning and development space for the Admiral Nurse community, giving each nurse a range of options to access ongoing professional development opportunities.

Each newly appointed Admiral Nurse will progress through a six-month development pathway that supports their individual learning and development needs, with access to learning modules, webinars, connection hubs, leadership programmes and monthly clinical supervision via practice action learning sets (PALS). Admiral Nurses can choose from a range of opportunities that encourage innovation, career development, knowledge exchange, showcasing of evidence-based best practice and a space to connect with other Admiral Nurses.



# Next steps to a career in Admiral Nursing

Thank you for your interest in Admiral Nursing.

For any queries relating to the terms and conditions of this role, please discuss with the employing organisation.

For more information about Dementia UK or Admiral Nursing, please visit [dementiauk.org](https://dementiauk.org)

If you are applying for one of our Admiral Nurse vacancies, you may wish to look at our free eLearning course where you can find out more about the role. There is a link to this course at the bottom of the Admiral Nurse job vacancies page on the Dementia UK website.

[Click here for current Admiral Nurse job vacancies →](#)

Sign up to [job alerts](#), [Facebook](#), [X](#), [LinkedIn](#) and [Instagram](#) to receive more information about Dementia UK and Admiral Nursing.

## Contact Dementia UK

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Dementia UK is a registered charity in England and Wales (1039404) and Scotland (SC 047429).  
DUKGo7

“Every day I feel privileged to be allowed into the lives of people living with dementia and to be entrusted with their hopes and wishes for the way forward.” **Jo, Admiral Nurse**

“My favourite thing about being an Admiral Nurse is making a difference as a person with dementia approaches the end of their life; walking that difficult path with families.” **Wendy, Admiral Nurse**

“The support and education Dementia UK provides enables me to do a better job as a specialist dementia nurse.” **Maisy, Admiral Nurse**