

## AGE UK BUCKS SPONSORED SWIM!

Do you love swimming and want to help raise funds for Age UK Buckinghamshire?

On the 1st and 2nd of October we are holding a sponsored swim and want YOU to be involved! We are putting forward our own team of staff to take part in our fundraising Swimathon and raise vital funds to support older people in Buckinghamshire. If you don't feel up for swimming then you can support our staff swimmers by donating on our JustGiving page: www.justgiving.com/campaign/ageukbucksswimathon

## Where:

1st October 2019 at Aqua Vale in Aylesbury (Park St, Aylesbury HP20
1DX) in their Glass house pool – from 7pm to 9pm. Children can attend.
2nd October 2019 at Swan Pool in Buckingham (London Rd, Buckingham MK18 1AE) - from 12pm to 4pm. Children cannot attend due to pool depth.

## What:

Set yourself a target and join us!

We will send you a fundraising pack and can help you set up a JustGiving account to raise funds for your individual swim.

## Sign up:

Email age@ageukbucks.org.uk with the subject "Sponsored Swimathon" to sign up or receive more details.

You can also call 01296 431911 to register your interest and a member of staff will be in touch.

More information on our website: ww.ageukbucks.org.uk

