

# AGE UK BUCKS SPONSORED SWIM!

We are holding a sponsored swim and want YOU to be involved!

How to join in the swimming fun on the 1st or the 2nd of October:

- 1** Sign up to swim at either of the events and get fundraising by yourself or with family and friends! You can create your own JustGiving page for sponsorship or use a sponsorship form from us.
- 2** Support our staff swimmers by donating on our JustGiving page:  
[www.justgiving.com/campaign/ageukbucks-swimathon](http://www.justgiving.com/campaign/ageukbucks-swimathon)

**1st October 2019:**

at Aqua Vale in Aylesbury: 7pm to 9pm.  
Children can attend.

**2nd October 2019:**

at Swan Pool in Buckingham: 12pm to 4pm.  
Children cannot attend.

**Sign up:**

Email [age@ageukbucks.org.uk](mailto:age@ageukbucks.org.uk)  
with the subject "Sponsored Swimathon"  
or call 01296 431911  
to sign up or receive more details.



More information on our website: [www.ageukbucks.org.uk](http://www.ageukbucks.org.uk)