NEWSLETTER

OCTOBER 2026

VISIT OUR WEBSITE FOR THE LATEST DETAILS

EVENTS

List of events, entertainment and fun social gatherings.

NOVEMBER 2026



Michael Bublé Tribute Evening

Friday, 13th November 2026, 19.00 - 23.00 pm

Join us for and evening with the fantastic Danny Murphy as the voice of Michael Bublé.
Featuring all of Michael's biggest hits and a selection of big band favourites.
Tickets just £15 per person.
Tickets available from Jubilee Centre reception and online via Eventbrite.
Bar available. Raffle prizes - £1 per ticket.

NOVEMBER 2026



Christmas Market at the Jubilee

Saturday, 28th November 2026, 10.00 - 16.00 pm

Get into the festive spirit at our wonderful Christmas Market!
Discover unique handmade gifts, delicious seasonal treats, warming drinks, festive music, and plenty of Christmas cheer for all the family.
Bring your friends and family and enjoy a traditional day of shopping, laughter, and festive fun!
Everyone welcome - free entry!

DECEMBER 2026



Christmas Cabaret at the Jubilee

Saturday, 5th December 2026, 10.00 - 16.00 pm

Our Special Christmas Cabaret this year is with the wonderful Affetside Choir. They will be singing all your favourite Christmas tunes to get you in the festive spirit. The café will be open with seasonal treats along with a Christmas raffle and additional music by local Bury DJ - DJ Paulski.
A fun festive musical afternoon at the Jubilee Centre.
Ticket just £5 per person and includes a warming hot drink and mince pie.
Festive attire highly encouraged.

DECEMBER 2026



The Jubilee Christmas Lunch

Monday to Friday, 14th to 18th December 2026, at 12.30 pm

Once again our renowned and thoroughly enjoyed Christmas Lunch is happening again this year, and due to overwhelming demand and reviews we have added an extra day. Join Christmas celebrations with a traditional meal, good company and festive fun at the Jubilee Centre.
An appetizing 4 courses for just £27 per person.
Tickets are available direct from the Jubilee Café.
Book early to avoid disaapaointment.
Menu is available at the café and to download from the Age UK Bury website.
Festive attire highly encouraged.
Note: as ingredients are pre-ordered we are unable to offer refunds. Last booking by 27th November.

NEWSLETTER

OCTOBER 2026

GENERAL INFORMATION

Should anyone like a Printed copy of this newsletter please ask at the Jubilee reception.



RESIDENT SUPPORT HUBS

Face to Face support for Bury residents

Bury Council have setup hubs for people to access essential services. If you are having difficulties getting through to someone or accessing services digitally, the hubs provide face to face support in one convenient place.



The hubs can provide support with the following:

- Housing Benefit & Council Tax support
- Council Tax and rent payments
- Free school meal application
- Customer accounts and Business Rates
- Crisis payments
- Welfare support and income maximisation
- Personal Independence Payment (PIP)

The councils hubs can be found in the following locations:

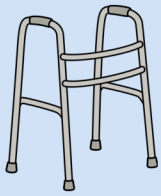
- Bury Town Hall - Monday to Friday, 09.00 - 17.00
- Radcliffe Primary Care Centre - Monday to Friday, 09.00 - 17.00

Drop-in sessions in community locations.

- Growing Together Radcliffe - Second Friday of every month, 10.00 - 12.00
- Bury Town Hall - Mondays and Thursdays, 09.00 - 12.00
- Radcliffe Primary Care Centre - Tuesdays, 10.00 - 15.00
- Chesham Family Hub - Wednesdays, 09.00 - 12.00
- Christ Church Ramsbottom - Thursdays, 10.00 - 12.00

BURY EQUIPMENT COLLECTION

Unused home or mobility equipment



Do you have any equipment that was issued by Bury Council that you no longer need, such as walking frames, sticks, bed adaption devices, toilet equipment? Bury Council would like to come and collect them for free, so they can assess them, clean them and make available to other people in need.
Even if the equipment is faulty, it could still be used as spare parts.
To organise a collection please either phone Bury Council on 0161 253 6858 - option 1, or fill in an online application form which can be found on their website by searching for *Equipment Services.*

TAI CHI QIGONG CLASSESS - NEWS



December classes postponed

Our Tai Chi tutor Stewart is on vacation during the month of December, so unfortunately there won't be any classes.
Classes will resume in the new year, the first week of January 2027.
In the meantime please keep practicing what you have learned.

FOOD DONATIONS NEEDED

Surprise Christmas Hampers



Every year, Age UK Bury likes to help those in need in some small way.
We make an effort to put together small food hampers to give to people who could use a little Christmas happiness.
To create these little food hampers we need your help with donations of tins and non perishable foods, we are looking for any of the following:
Biscuits; Coffee & Tea; Rice; Pasta; Tinned ready meals; Tins of Beans; Tins of Sardines, Tins of Ham, Tins of Fruit; Hot Chocolate; Custard; Crackers; Cup-a-Soups; Tins of Peas; Tins of Carrots; Tins of Sweetcorn; Tinned Soup.
We can only accept items that are within date.
Please hand in your donations to staff at the Jubilee Centre reception.
We thank you in advance for your kind generosity.
If you have spare wrapping and ribbon then we would appreciate that too!

BURY HOSPICE NETWORKING EVENT

Forging New Connections

Last month, representatives from Age UK Bury's Information & Advice Service (I&A) and Home from Hospital Service (HfH) attended a Community Networking Event hosted by Bury Hospice, bringing together organisations from across the borough that are dedicated to improving health and wellbeing within the community.
Joanne, from I&A, and Iris, from HfH, welcomed the opportunity to meet, connect and share ideas with professionals from a wide range of services supporting local residents. The event provided an excellent platform to strengthen relationships, increase awareness of available community support, and explore opportunities for collaboration.
Both Joanne and Iris established links with organisations that will help their respective services work more closely with community partners in the future. These relationships will support greater involvement, improved referral pathways and enhanced access to services for local people.
As part of the event, attendees were also given a tour of Bury Hospice's outstanding facilities, offering valuable insight into the exceptional care and support provided by the hospice team to patients and their families.
By working together with other services across the borough, we can help ensure that our service users receive the best possible support, enabling them to live healthier, safer and more connected lives.
Thank you to Bury Hospice for their hospitality and for hosting such an invaluable event.

CAFE VOUCHERS

Gift Vouchers Available

GIFT VOUCHER

Are you considering a gift for someone and don't know what to get?
Gift Vouchers are available for purchase from Jubilee Reception in a variety of denominations. £5, £10, £15, and £20.
A great way to give a family member, friend, or loved one a tasty treat!

GP APPOINTMENTS

Enhanced Access



Are you registered with a Bury GP?
Did you know? Evening and weekend appointments are available!
Enhanced Access offers additional appointments in the evenings and at weekends, making it easier to access routine care at a time that suits you.
Appointments may include:

- Long-term condition reviews
  (e.g. diabetes, asthma, COPD, high blood pressure)
- GP consultations
- Practice nurse appointments
- Health checks and medication reviews
- Vaccinations and immunisations

Contact your GP Practice to find out more and book and appointment.

HIRE A STALL

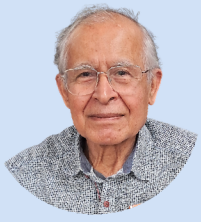
Christmas Market at the Jubilee Centre



A Christmas market stall is a fantastic opportunity to showcase your products, attract new customers, and increase seasonal sales. With a festive display, and carefully selected products, you can capture the excitement of Christmas and encourage shoppers to buy gifts for family and friends.
This year's market is on 28th November 2026 from 10.00 am till 16.00 pm.
Make your stall stand out and spread some cheer.
Stalls are just £12. For more details please call Jubilee Centre on 0161 763 9030 and ask for Naomi.

DROP-IN ADVICE SESSIONS

Dr. Sarkar Diet Information



Bury resident and author Dr. Sarkar is doing weekly drop-in advice sessions at the Jubilee Centre.
He will be on hand to give information about the benefits of a *Low Carb Diet*, which have been known to reduce chances of developing chronic illnesses, like heart disease, type 2 diabetes, obesity and many other conditions.
These are not personal medical advice sessions but an opportunity to discuss what your current diet consists off and what possible changes could be made to help improve long-term health and quality of life.
Its an opportunity to gain free guidance and clear exaplanations about nutrition.
Starting October the weekly sessions are as follows:

- 1st and 2nd Tuesday of the month at 14.00 to 15.00 pm.
- 3rd and 4th Thursday of the month at 14.00 to 15.00 pm.

No appointment necessary. Just drop-in.

SERVICES SPOTLIGHT

HANDY PERSON VOLUNTEERS COME TOGETHER

Successful Training Day

At Age UK Bury, we are incredibly fortunate to have a dedicated team of volunteers who generously give their time, skills and experience to support older people across our community. Their commitment is at the heart of everything we do, and recently the Handy Person Service demonstrated just how powerful teamwork and learning can be.

The Handy Person team came together for a training event at Dumers Lane Community Centre, organised to ensure volunteers continue to provide the highest possible standard of safety and service to our customers.



Throughout the day, volunteers successfully completed a range of online training courses, including Health and Safety, Safeguarding, and Lone Working. The collaborative approach allowed volunteers to share knowledge, offer encouragement and develop new skills together, ensuring everyone could participate regardless of their previous experience with technology.

This successful event reflects a shared commitment between Age UK Bury and its volunteers to invest in ongoing development, maintain high professional standards and ensure customers receive a safe, reliable and quality service.

A huge thank you goes to everyone who attended, to Sue and Andrew for helping coordinate the day, and Dumers Community Centre for their hospitality. Together, we are ensuring that Age UK Bury continues to deliver the very best support for older people across our borough.

"When volunteers and staff come together with a shared commitment to learning and excellence, everybody benefits, especially the people we support. This training day was a fantastic example of teamwork, dedication and community spirit in action."

HANDY PERSON SERVICE DEDICATED HELP

A BIG Thank You!

Two volunteers from the handy person service, Tony and Brian, undertook a significant task to dismantle and move furniture so that a room could be repurposed to better suit the needs of an elderly couple, Jane and Arthur.



Their work and effort was extremely appreciated and has made a big difference for the couple being able to navigate around their home.

Showing their appreciation they sent in a card with their thanks.

“Thank you so much for all the help and support you (Sue), Tony and Brian have given to myself and my husband. You offer a wonderful service and we are very grateful to you all. Best wishes, Jane & Arthur”

Do you require assistance with installation or repair works?

Our handyperson service can assist you based on the size, work involved, duration and materials needed for the job you have in mind.

Please contact Sue with your enquiry on 0161 796 6949 or email hp@ageukbury.org.uk. We will do our upmost to help.

FRIENDS TOGETHER

Friends Together Hubs

Friends Together

Connecting with others is essential for our well-being, especially as we age. If you find yourself spending most of your week alone, consider joining our Friends Together Hub designed for adults aged 65 and over.

These gatherings offer a wonderful opportunity to meet new friends, share stories, enjoy engaging activities and have a lovely two course lunch.

Our activities include arts and crafts, dominoes, bingo and board games, along with regular days out and parties throughout the year.

Our hubs are located in the north of Bury, Prestwich, Whitefield and Radcliffe and operate Monday to Thursday, 10.00 am till 16.00 pm.

We also offer minibus transport.

Stepping out for a day can brighten your spirits, make new memories and enjoy the company of others! For more details please call Jubilee on 0161 763 9030

MUSIC & SMILES SESSIONS

Creative Music Group for People with Dementia



Using handheld instruments and making music, participants and their carers can engage in our free afternoon music group sessions.

Using principles based on music therapy to improve the health and wellbeing of people with dementia, the sessions have been hugely successful, beneficial and enjoyable by all.

Do you know someone with dementia that would enjoy and benefit from taking part in the music session? Please bring them along.

Tuesday afternoons, arrival by 14.00 pm, session starts at 14.45 pm.

Refreshments are served before the session.

More details on the Age UK Bury website.

ROYAL EXCHANGE THEATRE

Looking for Actors and Writers

The Royal Exchange Theatre in Manchester would like to work with an older people's group in Bury to co-create a piece of work that would be shared at the theatre and, if possible, in the local community.

You don't need to know or even like Shakespeare or want to be on stage but over an 8-week course it could take the shape of writing, poetry, spoken word, all led by participants interests.

Plus, everyone involved would be invited to watch King Lear for free at the RET.

To discuss further please contact David Barnes from Bury VCFA on 0161 518 5500 or email david.barnes@buryvcfa.org.uk

DELIVERING JOY CAMPAIGN

Dunelm's Delivering Joy

This year's Delivering Joy campaign is under way at all Dunelm Stores.

We are extremely pleased and grateful that, once again, Age UK Bury has been selected as one of Dunelm's chosen local charity partners.

Last year's response from the public was overwhelming and we are excited about this Christmas and bringing a little cheer to those in need.

AGE UK BURY FACEBOOK PAGE

Join our page

Visit the weblink below to catch the latest news and information as it happens at Age UK Bury on our new facebook page.

facebook.com/ageukbury

Also, please note that our old page is dormant and no longer used so please always visit the page above for all the latest goings on.

VOLUNTEERS NEEDED

Volunteers

Do you have spare time?
Would like to do something rewarding?

Volunteers are vital to help support people in Bury. If you would like to help at Age UK Bury we would love to hear from you. Please get in touch by calling the Jubilee Centre on 0161 763 9030 with your enquiry and to see what opportunities are available.

FLU VACCINE

NHS Advice Message

Flu is a serious virus that can cause severe respiratory illness and is prevalent during the winter months.

The NHS is encouraging people to get vaccinated to stop themselves from getting ill and to protect those around them and those they care for.



Here are five reaons to have your flu vaccine:

1. Helps to protect you, your family, and any children or vulnerable people in your household
2. Helps to protect the vulnerable people that you care for. Getting the vaccine helps to stop people with flu needing to go to hospital
3. Helps you to stay fit, active, healthy and well during the busy winter months
4. Helps stop flu being spread in your work place
5. Helps build confidence. If you are vaccinated, that can encourage those you care for to have their flu jab.

New flu vaccines are produced every year to protect against the strains most likely to be in circulation, which is why people are advised to be vaccinated every year. Also, its important to note that the protection from the vaccine you had last year will decrease over time.

The flu vaccine is the best protection we have against flu. There's not a 100% guarantee that you won't get flu if you've been vaccinated. However, even if you do get flu after being vaccinated, studies have shown that you're likely to have a much milder and shorter illness.

The best time to have a flu vaccine is in the autumn, ideally from October to end of November, the sooner the better.

VACANCIES AND OPPORTUNITIES

Full time & Volunteering





JOB VACANCY

Home from Hospital Service Officer x 2 (Part-time)

Two part-time positions (21 hours per week) are available to assist elderly patients who have been discharged from the hospital providing them with the practical and emotional help they need to recover and settle back in their home. You will be supporting Bury residents aged 50+ helping them to re-adjust to living independently back at home, thereby reducing the need for re-admission to hospital, and reduce their time in hospital.

Please call Jubilee on 0161 763 9030 or email admin@ageukbury.org.uk or visit our website https.//www.ageuk.org.uk/bury/get-involved/work-for-us/ where you can download an application form.



JOB VACANCY

Assistant Service Manager

An exciting new role to support the effective operational delivery and continuous improvement of Age UK Bury's integrated community services for people aged 50+ including Home from Hospital, Befriending, Friends Together (group support), Handyperson and Information and Advice.

Please call Jubilee on 0161 763 9030 or email admin@ageukbury.org.uk or visit our website https.//www.ageuk.org.uk/bury/get-involved/work-for-us/ for more details and to download an application form.



VOLUNTEER EVENT FUNDRAISER

Jubilee Fundraising Committee

Would you be interested in joining our committee and assisting with the planning of our annual fundraising events?

We are seeking proactive committee volunteers to assist with brainstorming ideas for events. You will have a major role in helping the team in organising as well as assisting with each event on the day.

If you would like to get involved then please call Jubilee on 0161 763 9030 or email admin@ageukbury.org.uk expressing your interest.



VOLUNTEER BINGO & QUIZ HOST

Weekly on Wednesday Afternoons

We are looking for a cheerful and enthusiastic volunteer to host a fun-filled Bingo and Quiz afternoon for members of our community at the Jubilee Centre on Wednesday afternoons, between 13.30 pm to 16.00 pm.

You will oversee entertaining bingo and quiz activities that have a warm and enjoyable environment with a healthy dose of friendly competitiveness.

It's also a chance to meet, get to know, and form friendships with new people.

For more information and a volunteer pack, please give Jubilee Centre a call on 0161 763 9030 if you are willing and able to commit one afternoon per week.



We have 45 members taking part

THE 100 NUMBERS CLUB
OCTOBER WINNERS

Congratulations 1st Prize Winner

Num 43, Jean Ashcroft, £56.25

2nd - 65, Christine Condron, £33.75

3rd - 62, Paul Stark-Ketcher, £11.25



Numbers drawn by Mandy. Thank you!

Try your luck and join in on the monthly fun for just £5 per month.

Simply visit our website or stop by Jubilee reception and grab a registration pack. Complete the simple form, return it to us and get ready for the upcoming draw. Wishing you luck!

CARITAS DoS AID

Toys, Nappies, Wipes - Donations

Once more, we are thrilled to be working with Caritas DoS to provide Christmas dinners to our clients who unfortunately will be spending the Christmas holiday alone.

As a token of appreciation, we are collecting toys suitable for children up to 16 years, as well as nappies and baby wipes that Caritas DoS can provide to their customers. From Monday, November 2nd keep an eye out for the collection boxes in the Jubilee Centre.

WE WANT YOUR SUGGESTIONS

Live music at the Jubilee in 2027



Tell us what music, genre, or performer you would most like to see 'Live' at the Jubilee Centre? We value your opinion and open to suggestions!

Please email your ideas to events@ageukbury.org.uk

Kindly use "Jubilee Live Music" as the subject of your email or fill in the suggestion slip dotted around the Jubilee Centre.

Thanks for your input.

If you have an upcoming function or special occasion and would like to have it at the Jubilee Centre then call 0161 763 9030 and ask for Naomi to discuss hiring the room and amenities or email events@ageukbury.org.uk with your enquiry.

FINALLY... A BIT OF FUN



Spooky Ghosts

On Halloween night when the moon's hanging high
Ghosts flutter through the October sky
Ready for mischief to begin
With haunting whispers and a grin
Scaring everyone who's passing by.

Brain Teaser

What is the next number?

1, 11, 21, 1211,
111221, 312211,
_____?

September teaser answer.
44 traingles in total