

## GENERAL INFORMATION

Should anyone like a Printed copy of this newsletter please ask at the Jubilee reception.



In response to feedback from our readers, this months newsletter and future publications will now have a **larger text font**. We hope you find it even more enjoyable and informative to read.

An alternative electronic version of this newsletter in PDF format, as well as previous releases, is available on the AgeUK Bury website. Find it on the 'Get Involved' - 'Newsletters' web tabs.



Visit us on Facebook at <https://www.facebook.com/AgeUKBury/>

Don't forget to hit that Follow!



## JUBILEE CAFE NEWS

We are happy to announce the Jubilee Café is open on Saturdays.

Come along and have a brew and a bite to eat and enjoy a leisurely walk around the Lido or just take in the lovely surroundings of Clarence Park.

**Open from 10.30 am till 16.00 pm**



**NOW OPEN  
SATURDAY!**

## VE DAY 80 YEARS

### A Celebration

*On 8 May 2025, we mark the historic 80th anniversary of VE Day, with the peoples, families and communities of our great nation coming together to unite and celebrate 80 years of peace since the end of Word War II in Europe that so many millions paid the ultimate sacrificed to achieve it.*

*'Together, we honour the past and celebrate a future built on unity, hope, love and peace'*

Chesham Primary School children's choir will be joining us to celebrate this special day. 20 Children will be singing two songs at 11.00 am so please stop by and hear these lovely children sing for us.

We hope you can make it!

The day will also be marked with a unique street party and music in our very own conservatory café from 13:00 pm to 15:00 pm, tickets are priced at £7.50, which includes a delightful buffet prepared by our café staff, with only a limited number of tickets still available.

Additionally, we will have special guests joining us at 14:00 pm, including our local MP James Firth and Council member Sandra Walmsley.

During their visit, they will select the best 1940's outfit from the sequence/ballroom dancing event.



## JUBILEE LUNCH CLUB

Every **TUESDAY** at 12.00 pm



Stop by and enjoy a special meal and get to know new people or catch up with old friends.

Our Café manager's exciting new menu will leave your taste buds tingling and wanting more.

Consisting of a special two course menu - a main, a sweet and a hot drink. Special price of £9.75

All welcome! Reserve your place at the Café or at Jubilee reception by calling 0161 763 9030

## NEW STARTERS COFFEE MORNING

**Introduction to the Jubilee Centre and Social Activities**

Would you, or do you know someone that has considered stopping by the Jubilee Centre but felt slightly daunted by the task?

Coming to the centre for the first time can seem scary. To make it easier, two of our valued Trustees, Christine and Duncan, are hosting "New Starters Coffee Morning" every second Thursday between 10.30 am and 11.30 am.

The next are on **8<sup>th</sup> May and 22<sup>nd</sup> May**.

The Jubilee Centre is a unique centre, enjoyed by many, situated opposite the beautiful Clarence Park Lido, in Bury.

It will be an opportunity to find out more about the centre, its activities, becoming a volunteer and talk about the services Age UK Bury provide.

The coffee morning is informal, friendly, informative and fun.

Your first coffee (or tea) is on us!

*New Starters*



*Coffee Morning*

## CAFE VOUCHERS

**Gift Vouchers Now Available !**



We are pleased to introduce our cafe's new Gift Vouchers. This is a wonderful way to give a family member, friend, or loved one a treat.

The Gift Vouchers are available for purchase from the Jubilee Reception in a variety of denominations. £5, £10, £15, £20.



We have 59  
members taking part

## THE 100 NUMBERS CLUB MARCH WINNERS

**Congratulations 1st Prize Winner**

**Num 43, Jean Ashcroft, £73.75**

2nd - Num 20, Sue Hartly £44.25

3rd - Num 57, Jenny Harkinson £14.75

Try your luck and join in on the monthly fun.

Simply visit our website, complete the form,  
and get ready for the upcoming drawing. Wishing you luck!

**NUMBERS  
AVAILABLE!**

## MUSIC IN MIND PROGRAMME

### Third Term Under Way

We have now commenced our third term, and the previous two terms  
have been truly exhilarating and enjoyed by everyone.

The handheld instruments and background music have been a huge hit  
with the participants and their carers who have been regularly  
attending our free sessions every Tuesday afternoon.

Their joyful faces show how much they love creating music  
and making new friendships.

We warmly invite you to join us every Tuesday starting  
from 29 April 2025, for the upcoming 13 weeks.

**Tuesday afternoons, arrival by 14.30pm, session starts at 14.45pm**

Refreshments are served before the session.

Do you know someone with dementia that would enjoy creating music?

Please bring them along to a music session.



## WE ARE LOOKING FOR MUSIC CHAMPIONS

**Would you like to help people with dementia?**

**Do you like music?**

**Would you like to bring joy to the lives of people with dementia  
by making music together?**

**Volunteer to be a music champion!**

This will be a rewarding experience and no musical knowledge required!

Please call Jubilee on 0161 763 9030 or email [admin@ageukbury.org.uk](mailto:admin@ageukbury.org.uk)  
expressing your interest and for more information.



*Donations of brand-new, unwanted items that might work  
as tombola or raffle prizes would be greatly appreciated.*

Donations



## DIGITAL SKILLS WORKSHOP

**Technology & Café Drop-in every Monday, 10.00 am - 12.00 noon**

Are you interested in improving your tech skills?

Need help with anything online?

In association with Bury Council we are providing free information, advice, and guidance on a variety of topics related to using the internet and navigating the digital world.

‘Digital Buddies’, will be available at the Jubilee to assist with online navigation, completing forms, and making the most of your computer, tablet, or smartphone.

Learn more about technology by attending one of the Monday drop-in sessions from 10.00 am to 12.00 noon.



## VOLUNTEER SPOTLIGHT

**Daniel Bird - WINNER - Volunteer of the Year 2025 !!!**

This year’s Spirit of Salford Community Awards received more than 500 nominations across ten categories, with an independent panel shortlisting finalists. Three of the categories were then opened up to a public vote, with over 4,000 votes cast online and from five nominated finalists, Daniel was chosen.

Daniel, good job! You are a deserving winner, and we are honoured to have you as part of the team at Age UK Bury. Your kind smile and charming manner brightening everyone's day at the Jubilee Centre.

**Congratulations Daniel !**

Spirit of Salford  
**COMMUNITY**  
Awards 2025



## ACTIVITIES SPOTLIGHT

**Sequence Dancing**

Sequence dancing, incorporates dances of many different styles, is a type of dance where a predetermined pattern of movements is followed.

It is based on traditional Latin and Ballroom dancing, where everyone does the same defined routines simultaneously, making it a fun and engaging exercise where everyone moves in time.

We have Beginners dance sessions **every Thursday at 12.15 pm to 13.15 pm.**

Class fee £5.50. Come along and join in the synchronized fun.

It is great way to make new friends and to enjoy a healthy life!



*Sequence Dancing*



## AGE UK BURY AT BURY PRIDE

### Celebrating Diversity and Unity in Bury

Age UK Bury will be taking part in this year's Bury Pride's festival. We will be highlighting the services we offer and our amazing work within the Bury community. There will be tote bags, pens, and leaflets available.



Please come down and join us at our stall  
on Saturday 7<sup>th</sup> June from 12.00 pm.

It will be a fun packed afternoon in Bury town centre!

## ACTIVITIES SPOTLIGHT

### Yoga - Monday Mornings or Evenings



Yoga is an ancient Indian practice that connects mind, body, and spirit through physical postures, breathing techniques, and meditation. It's a discipline that aims to bring harmony between the inner self and the external world, promoting both physical and mental well-being.

Yoga is a safe and effective way to increase physical activity – especially strength, flexibility and balance. Evidence suggests that people may benefit from doing yoga on a regular basis especially those with high blood pressure, heart disease, aches and pains – including lower back pain – depression and stress.

Our yoga classes take place...

- **Monday morning - every week: 11.00 am to 12.30 am - Cost £6.00**
- **Monday evenings - 1st and 3rd week of the month bimonthly - 18.00 pm to 19.30 pm - Cost: £8.50**

**The next evenings sessions are on: 12<sup>th</sup> May and 19<sup>th</sup> May**

(Please bring your own yoga mat).

## JUBILEE COMMUNITY CHOIR

### VE DAY Celebration Sing A Long

Emma and the Jubilee Community Choir will be performing a selection of War Time 1940's songs for all visitors to the café.

The Sing A Long is on **Wednesday, 7<sup>th</sup> May 2025 at 10.30 am to 11.30 am.**



Please stop by and support the choir and join in.

## SAD NEWS

### RIP Patrick James McEvoy

Patrick McEvoy (Pat to all his friends and family) has passed away peacefully on 04 April 2025 aged 79 after a short illness.

For many years, Pat was a frequent daily visitor to the Jubilee Centre and a long-time Mason. He enjoyed bowling with his many friends on Monday afternoons, loved a bacon sandwich and chips, and insisted when having a brew the tea bag stayed in the cup! 😊

He was an enthusiastic Bridge player and the dedication and support he provided to Age UK Bury was remarkable. His presence will be sadly missed by all at the Jubilee Centre.



## VACANCIES AND OPPORTUNITIES

Full time & Volunteering



## TRUSTEES - SPECIAL NEW MEMBERS

**We are looking for Trustees with a specific skill sets to join the charity**

Do you, or do you know someone, with spare time, drive and commitment willing to help guide the charity?

Possess the abilities, know-how, and skills necessary to lead, support, and help expand the charity?

Would like to play a key part in the management and administration of the organisation?



### LEGAL EXPERT AND ADVISOR

Legal skills and knowledge?

Willingness and commitment? Spare time? Please get in contact.

### ACCOUNTS AND FINANCE

Accountancy and financial skills? Good with numbers and spreadsheets?

Meticulous and thorough. Please get in contact.

For an informal chat and more information please call Jubilee on 0161 763 9030 and ask to speak to Ania or email your CV to [ania@ageukbury.org.uk](mailto:ania@ageukbury.org.uk) along with and a short cover note outlining your experience.

## VOLUNTEERS NEEDED

### JUBILEE CAFE

**Do you have any spare time and would like to do something rewarding and socially active for an amazing charity?**

We are looking for volunteers to help in the Jubilee Café, any odd day or few hours you have free, Monday through to Saturday, who are eager to leave a positive mark on the hospitality industry and evolve alongside a dedicated team.

Excited to be in a creative and busy environment.

Able to engage warmly with café customers and passionate about customer service.

Be part of this local charity, helping it grow and making a difference to the visitors to the Centre and people living in Bury.

We would love to hear from you. Please call Jubilee on **0161 763 9030** or email **admin@ageukbury.org.uk** for further information and for a volunteer pack.



## VOLUNTEERS NEEDED

### BURY AND RAMSBOTTOM SHOPS

**Do you have any spare time and would like to do something rewarding and socially active?**

**Enjoying meeting and helping people?**

Would you like to help out in one of our charity shops in Bury or Ramsbottom?

Any weekday or weekend you are free, even a few hours will be a great help.

We would love to hear from you. Please call Jubilee on **0161 763 9030** or email **admin@ageukbury.org.uk** for further information and for a volunteer pack.



## VOLUNTEERS NEEDED

### KEEPING-IN-TOUCH SERVICE

**Do you have spare time to support someone via a friendly phone call?**

There is a high demand for our phone service. We are committed to staying in touch with those who are confined to their homes, manage independently, or simply want a kind voice on the other end of the phone.

If you would like to volunteer and make a difference please contact **Steph** on **07725 735811** or email **steph@ageukbury.org.uk** for information.



### UPCOMING EVENTS

List of events, entertainment and fun social gatherings.



### MAY 2025

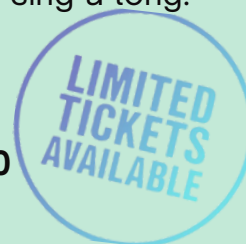
#### ABBARELLA - Abba Tribute Show - May 23rd

Enjoy all the ABBA classics. Come along for a dance and sing-a-long.

Tickets £20 per person.

Raffle prizes on the night. Bar available.

To book call or visit **Jubilee Reception** on **0161 763 9030** or email [jubilee@ageukbury.org.uk](mailto:jubilee@ageukbury.org.uk)



### DATES FOR YOUR DIARY...

Jubilee Community Choir VE Day Celebration - May 7th

VE DAY - May 8th

Royal Ascot Afternoon Tea - June 21st

Family Fun Day - July 12th

The Jersey Boys - July 18th

The Bootleg 60's - September 26th

Texas Tornados - November 28th

VISIT OUR WEBSITE FOR THE  
LATEST AND UPCOMING  
EVENTS DETAILS

If you have an upcoming function or special occasion and would like to have it at the Jubilee Centre then call 0161 763 9030 and ask for Ania/Leisa to discuss hiring the room and amenities or email [events@ageukbury.org.uk](mailto:events@ageukbury.org.uk) with your enquiry

### FINALLY... A BIT OF FUN

#### Limerick of the Month - Great Egg Hunt

In a garden where bunnies all play,  
Bright coloured eggs are hidden away,  
They hop with great cheer,  
As children draw near,  
Watching them seek and search in dismay.

