

GENERAL INFORMATION

Should anyone like a Printed copy of this newsletter please ask at the Jubilee reception.



An alternative electronic version of this newsletter in PDF format, as well as previous releases, is available on the AgeUK Bury website. Find it on the 'Get Involved' - 'Newsletters' webpage tabs.



Don't forget to hit that Follow!



Visit us on Facebook at <https://www.facebook.com/AgeUKBury/>

JUBILEE CAFE

Open on Monday to Saturday from 9.30 am till 16.00 pm

Join us for a bite to eat and a cuppa.

Serving hot & cold food, cakes and a variety of drinks, and ice creams.

Everybody welcome both children and adults.



NOW OPEN
SATURDAY!

JUBILEE CAFE 5★ AWARD

We have done it again!

Bury
Council



The Jubilee Centre Café has again been awarded a 5 Star Food Hygiene rating by Bury Council, for outstanding cleanliness and customer service. A food hygiene award is a certification given to food establishments that demonstrate high standards of food safety and hygiene practices, and reflects the establishment thoroughness to adhere to regulations.

Café Manager Gail Taylor is extremely proud of the award and thanks her entire team for their commitment to the Café.

Well done everyone, keep up the good work!

Below is some great feedback and comments the Café staff have received:

'Lovely food, very good services.'

'Lots of people to talk to.'

'I like coming to the Jubilee Centre, because it's a lovely place to be.'

'The staff are so friendly and its so nice to have a meal cooked for me. Which I enjoy.'

'Really friendly atmosphere, terrific food.'

CAFE VOUCHERS

Gift Vouchers Now Available!

We are pleased to introduce our cafe's new Gift Vouchers. The Gift Vouchers are available for purchase from Jubilee Reception in a variety of denominations. £5, £10, £15, and £20.

A great way to give a family member, friend, or loved one a treat!



CAFE CHEFS SPECIALS

Daily Specials

When visiting the Jubilee Café please check out the 'Chefs Specials Menu'. It changes every day and is an absolute delight.

FILMING AT THE JUBILEE CAFE

Saturday 6th September - limited Café access



A film crew will be at the Jubilee Centre for a video shoot on **Saturday, September 6th from 9.00 am till late.**

There will be some disruption in the Café throughout the day.

The main café will be *out of bounds*, but the conservatory will be open as usual. People are more than welcome to attend and watch; they could possibly be chosen to participate as extras!

Please be advised that there will be moments during the filming process when total silence will be necessary. Your cooperation would be appreciated.

We apologise for the disruption and any inconvenience.

GREEN FLAG AWARDS

Bury Celebrates with 15 Awards

We were honoured to be invited to a special celebration recognising an incredible achievement for our local community. All 13 of Bury's main parks, along with 2 cemeteries, have once again been awarded the prestigious Green Flag status for 2025!

The Green Flag Award is the international quality mark for parks and green spaces. It's a sign that our local parks are not only beautifully maintained but also safe, accessible, and welcoming to everyone in the community.

This fantastic recognition reflects the hard work and dedication of Bury Council staff, volunteers, friends groups, and local residents who take such pride in our outdoor spaces.

Here's to greener, healthier, happier communities across Bury!



UK GOVERNMENT NATIONAL ALERT

Sunday 7th September at 3pm

On Sunday 7th September at 3pm the UK government will be carrying out a national test of the *Emergency Alerts* system which provides warning and advice in a life threatening emergency.

Reasons you might get an alert - Extreme storms, Severe flooding, Wildfires...

There are simple and effective steps you can take to be more prepared for an emergency in your area. Visit gov.uk/prepare for more information.

What happens when you get an emergency alert?

Your mobile phone or tablet may:

- make a loud siren-like sound (even if it's set on silent)
- vibrate
- read out the alert

The sound and vibration will last for about 10 seconds. An alert will include a phone number or a link to the GOV.UK website for more information.

You will get alerts based on your current location - not where you live or work.



USEFUL DONATIONS MOBILE APP

The Easyfundraising App



Easyfundraising is the UK's biggest charity fundraising site – *you spend, and brands donate.*

Sign up via the easyfundraising app and see your favourite brands donate to a cause you care about whenever you spend with them.

They turn your daily shopping into everyday magic with every donation making a difference!

Available for free from both Google Play Store for android devices or Apple's App Store for apple devices.

Just simply search for [Easyfundraising](#) then please add **AgeUK Bury** as your chosen charity (please ensure the text entered is as shown).

WE NEED YOUR HELP

Wall Mounted Baby Changing Unit needed

With more and more families visiting the Jubilee Centre and Café we need to upgrade our amenities.

A baby changing table is desperately needed at the Centre. If anyone knows a local company willing to donate or sponsor a table, and kindly install it for us, then we would be extremely grateful.

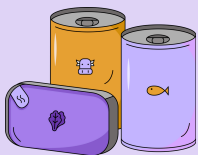
Please get in touch by calling **Jubilee on 0161 763 9030** or emailing jubilee@ageukbury.org.uk

We are trying our best to help mummies and daddies!



TINS FOR CHRISTMAS

Donations of non-perishable food



Every year, the team at Age UK Bury try to put together a selection of mini hampers to hand out to those in need and less fortunate during Christmas.

To create these mini food hampers we need your help with donations of tins and non perishable foods.

We will consider anything suitable - ideally tinned or sealed food (in date).

We would even appreciate any spare baskets, wrapping or ribbon.

If you can donate please hand items to staff at Jubilee reception. Thank you!

VITAL RAFFLE DONATIONS

We are urgently seeking raffle books as well as raffle and tombola prize items to support our upcoming fundraising events. Donations of any kind, whether they are vouchers or items would be greatly appreciated.

Your contributions will not only enhance the excitement of the raffle and tombola but also play a crucial role in helping us achieve our fundraising goals.

Every item, no matter the size or value, makes a difference and helps us create a successful event.

Please hand them to staff at Jubilee reception. Thank you for your support!



FIGHT AGAINST FRAUD

The Scambusters

The Scambusters is a team of volunteers who give up their time to offer help and support to victims of fraud on behalf of Greater Manchester Police (GMP). Their aim is to help stop elderly members of the community from falling victim to fraud such as telephone scams, online scams, romance scams, and doorstep crime.

The volunteers, some of whom joined Scambusters after being a victim to a scam themselves, offer support and give practical help and advice to prevent people from falling victim.

All of the work the Scambusters do is to support the public. From speaking with victims of fraud to offering protection and prevention advice.

To get in touch with the Scambusters for support or advice please email **scambusters@gmp.police.uk** or call **0161 856 4120**.

Please also visit this web link for information to protect yourself from scammers.
<https://talkingaboutmygeneration.co.uk/how-to-show-you-how-to-take-preventive-measures-to-protect-yourself-from-and-scammers/>



FRAUD AWARENESS EVENT

GMP - Monday, October 6th

Greater Manchester Police (GMP) will be at the Jubilee Centre on
Monday 6th October from 10.00 am - 13.00 pm
for a special fraud awareness presentation.

They will be there to highlight and make people aware of the latest scams
and how to protect yourself and others.

The session will discuss:

- Latest scams/frauds
- Keeping safe from scams
- Online safety
- How to report fraud
- Providing free material
- Famous stories and cases

Stop by the Jubilee to gain helpful and invaluable advice and information.



FREE LEGAL CLINIC

GHW Solicitors - Once per month - 10.00 am to 12.00 noon

We are pleased to announce that Gareth Williams a solicitor and the founder of GHW Solicitors based in Ramsbottom, will be in the Jubilee Centre once a month offering free legal advice.

Gareth is an experienced solicitor and will be happy to offer advice on a wide range of topics and hopefully assist with any legal issues that you may have.

Gareth's advice workshops will be on the **first Monday of each month between 10.00 am and 12 noon** at the Jubilee Centre, starting 1st September.

Need advice? then please stop by for a chat with Gareth.

Please register your interest before hand by calling **Jubilee reception** on **0161 763 9030** or email **jubilee@ageukbury.org.uk**



YOGA CLASSES

Evening classes at the Jubilee with Melanie

Yoga combines physical postures, breathing techniques, and meditation in a very relaxed way. Its benefits include improved flexibility, strength, and balance, as well as enhanced mental health and emotional stability.

Regular practice can help reduce stress and anxiety, improve sleep quality, and encouraging a greater sense of mindfulness and self-awareness.

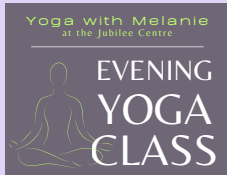
The Jubilee Centre has evening classes every two weeks for those in need of a little relaxation to help mind and body.

The sessions are very gentle and suitable for all.

Evening classes every fortnight on Mondays from 18.00 pm to 19.30 pm

usually the 1st and 3rd evening every month. Classes £8.50 per session.

Please contact **Jubilee on 0161 763 9030** for details of the next evening session and to reserve your place.



TAI CHI QIGONG CLASSES

A third class being added

By popular demand we are adding another session to our activities schedule with the amazing Tai Chi instructor Stewart Hay. The third weekly sessions will be on **Friday mornings 9.15 am to 10.15 am.**

Starting on **Friday 3rd October 2025.**

Classes £5.50 per session.

Stewart's classes are unique as they are appropriate for all levels of mobility and fitness and can be completed standing or sitting, resulting in presence, calmness and improvement in your overall well-being.

Please show your interest by registering at Jubilee reception.



RADCLIFFE BEFRIENDING CLUSTER

Every Tuesday afternoon - 13.00 pm - 14.30 pm

Located at the Dumers Lane Community Centre in Radcliffe this social gathering provides the local community a hub to meet up, have a chat, a brew and take part in activities or friendly quiz.

If you would like to attend and make new friends please contact

Jane on 07541 741891 or email jane@ageukbury.org.uk



CHARITY SHOP ITEMS

Donations needed

Our charity shops, which play a vital role in our community, have been so busy that certain items are low on stock or have completely sold out, so we are reaching out for item donations.

If you have any unused or unwanted items, such as; Bric-a-brac, jewellery, glassware, toys, bags, pictures and picture frames, scarves, shoes or boots, we would greatly appreciate your donations.

Please donate direct to the shops in Bury or Ramsbottom or hand them in at Jubilee reception. Thank you for your support!



FRIENDS TOGETHER - NEWS

60th Birthday Celebration



Long serving staff member Irene recently celebrated her 60th Birthday.

Irene (in beige) has been with Age UK Bury for 16 years and is a valued member of the Friends Together team.

Irene celebrated her birthday in the Lake District with her family.

Best wishes from all at Age UK Bury and all your Friends Together colleagues.

And a huge *Thank You* for your dedication and commitment that you give to everyone at Friends Together.

D-CAFF MEET

Greenmount Village - Friday 12th September

A lovely place to meet for people living with dementia, their carers, family and friends, with light refreshments provided.

Located at Canon Lewis Hall, Longsight Road, Bury, BL8 4DB.
Meet up on Friday, 12th September 2025 from 10.00 am to 16.30 pm.

Staff from Age UK Bury will be on hand as well as a chance to meet professionals offering information and advice, a Virtual Dementia Experience, Armchair exercises, and Pets as Therapy.



BOOK SIGNING EVENT AT THE JUBILEE

Jill Pemberton



Local author Jill Pemberton was at the Jubilee to sign her new book of short stories entitled 'Out of the Box'.

Jill has written a selection of poems in the past and we are delighted that she has now written a collection of short stories and published them.

If you would like a signed copy, at a small cost of £9 each, then please contact Jubilee reception.

RAMSBOTTOM BEFRIENDING CLUSTER

Every Thursday Morning - 10.00 am to 12.30 pm

Age UK Bury in association with Christ Church & Neighbourhood Centre host a FREE Drop-in-Cafe on Thursday mornings. Stop by the cluster between 10.00 am to 12.30 pm for a warm and friendly welcome, together with lovely cakes, tea and coffee and most importantly pleasant and friendly chat and a chance to make new friends which hopefully will improve your wellbeing.

Find it at Christ Church, Great Eves Road, Ramsbottom. BL0 0PX

If you would like to attend please call
Jane on 07541 741 891 or email jane@ageukbury.org.uk





We have 58 members taking part



THE 100 NUMBERS CLUB AUGUST WINNERS

Congratulations 1st Prize Winner

Num 39 - Christine Holdgate, £72.50

2nd - Num 65 - Christine Condron, £43.50

3rd - Num 54 - Pauline Cavanagh, £14.50

This months live draw of the balls was by *Jean*.

She picked the balls in front of her fellow bingo participants. Thank you Jean! Try your luck and join in on the monthly fun.

Simply visit our website or stop by Jubilee reception and grab a registration pack. Complete the simple form, return it to us and get ready for the upcoming draw. Wishing you luck!

**NUMBERS
AVAILABLE!**

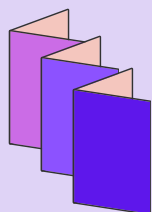
WE WANT YOUR SUGGESTIONS

Live music at the Jubilee

Tell us what music, genre, or performer you would most like to see 'Live' at the Jubilee one evening? We value your opinion and open to suggestions!

Please email your ideas to events@ageukbury.org.uk

Kindly use "Jubilee Live Music" as the subject of your email or fill in the suggestion slip at the Jubilee.



HAND MADE GREETING CARDS

Birthday & Christmas Occasions

We have received a donation of handmade greeting cards.

There is always something special and unique about a handcrafted item so please stop by Jubilee reception to view these lovely crafted cards.

Priced at just £5.00 for a box of 10 cards.

You will also receive a free Age UK tote bag to put them in!

DIGITAL SKILLS WORKSHOP

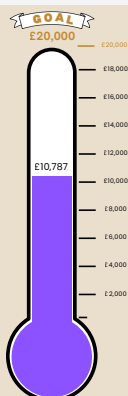
Every Monday, 10.00 am to 12.00 noon.

Struggling with a piece of technology? Need help with anything online?

We have 'Digital Buddies' at the Jubilee on Mondays to help guide you.

Make a note of your issues or whatever you would like to achieve and bring your device with you to the free workshop sessions.

Learn about technology and navigating the internet and become more tech savvy!



FUNDRAISING UPDATE

Refurbishment for the Jubilee Centre

Bury United Reformed Church - £100

We have received a kind donation from Carol Majiyagbe, Church Secretary at Bury United Reformed Church for all the good work we do.

Thank you Carol and everyone at the church.

VACANCIES AND OPPORTUNITIES

Full time & Volunteering



TRUSTEE - SEEKING NEW MEMBER

We are looking for Trustee with specific skill sets to join the charity

Do you, or do you know someone, with spare time, drive and commitment willing to help guide the charity?

Possess the abilities, know-how, and skills necessary to lead, support, and help expand the charity?

Would like to play a key part in the management and administration of the organisation?



SAFEGUARDING EXPERT AND ADVISOR

Having skills in safeguarding and understanding policies and procedures is essential for creating a safe and supportive environment.

Identify potential risks, implementing protective measures, and ensuring compliance with legal and ethical standards is important for the charity.

Would you like to help and make a difference?

For an informal chat and more information please call Jubilee on **0161 763 9030** and ask to speak to Ania or email your CV to ania@ageukbury.org.uk along with and a short cover note outlining your experience.

VOLUNTEERS NEEDED

JUBILEE CAFE

Do you have any spare time and would like to do something socially active?

Could you spare a day or just a few hours?

We are looking for volunteers to help in the Jubilee Café, who are eager to leave a positive mark on the hospitality industry and grow alongside a dedicated team.

Enthusiasm is key in this creative and busy environment, an ability to engage warmly with café customers and be passionate about customer service.

Want to be part of this local charity, helping it grow and making a difference to the visitors to the Centre and people living in Bury? We would love to hear from you!

Please call Jubilee on **0161 763 9030** or email admin@ageukbury.org.uk for further information and for a volunteer pack.

Café
Volunteer

VOLUNTEERS NEEDED

BURY AND RAMSBOTTOM SHOPS

Do you have any spare time and would like to do something interesting, rewarding, meeting and helping people?

Would you like to help out in one of our charity shops in Bury or Ramsbottom? Any weekday or weekend you are free, even a few hours will be a great help.

We would love to hear from you. Please call Jubilee on **0161 763 9030** or email admin@ageukbury.org.uk for further information and for a volunteer pack.

SHOP
Volunteer

VOLUNTEERS NEEDED

BEFRIENDING SERVICE

Drivers - Two days a week

Enjoy Driving? Got a couple of hours to spare a week?

Then consider being a volunteer driver for the Age UK Bury Befriending Service.

We are looking for drivers to pick up socially isolated clients and take them to social gatherings either in Radcliffe on a Tuesday or Ramsbottom on a Thursday.

You will have use of your own vehicle. Expenses will be paid at 45p a mile.

To find out more please phone **Jane on 07541 741891** or email **jane@ageukbury.org.uk** for information.



VOLUNTEERS NEEDED

KEEPING-IN-TOUCH SERVICE

Do you have spare time to support someone via a friendly phone call?

There is a high demand for our phone service. We are committed to staying in touch with those who are confined to their homes, manage independently, or simply want a kind voice on the other end of the phone.

Our Keeping-in-touch volunteers are a lifeline for many elderly people in Bury, offering companionship, kindness and someone to listen. It's about more than just a phone call, its about making sure no one feels forgotten or alone.

A simple phone call, to check in, chat and share a laugh with someone.

All the conversations mean a lot to the people, both client and volunteer.

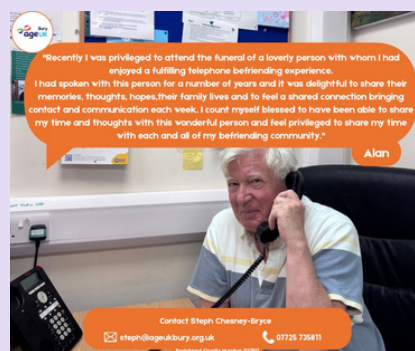
If you have an hour or two to spare to call one of our older clients from the comfort of your own home or from our offices at Jubilee, please get in touch.

To learn more and make a difference contact **Steph on 07725 735811** or email **steph@ageukbury.org.uk** for additional information.

Comments from some of our K-i-T volunteers:

"I've been volunteering for the KIT service since 2023 and more recently in September 2024 I also volunteer for Music in Mind. I love to feel that I have made a difference to the people who are expecting my call and would hugely recommend volunteering"

"I have volunteered for the KIT service for over three years, and it has totally boosted my confidence. It means so much to know that my voice can make a difference in someone's day. I am really glad I get to help in this way"



UPCOMING EVENTS

List of events, entertainment and fun social gatherings.

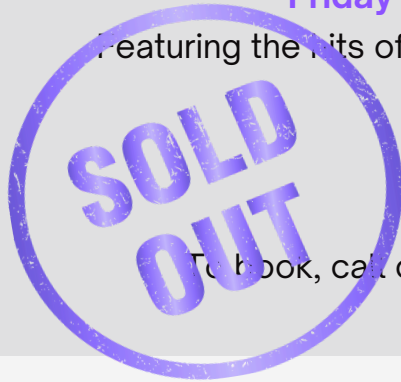


SEPTEMBER 2025

The Bootleg Sixties

Friday 26th September - 19.00 pm till 23.00 pm

Featuring the hits of The Beatles, The Monkees, The Searchers, The Kinks, Manfred Mann and many more
Bar available.
Raffle prizes on the night.
Tickets £20 per person.



To book, call or visit **Jubilee Reception on 0161 763 9030**
or email jubilee@ageukbury.org.uk.



DATES FOR YOUR DIARY...

Silver Sunday - October 5th - 12.30pm till 16.00pm

The national day for celebrating older people

Texas Tornados - November 21st

Please note the date change!

Xmas Lunches - December 8th - 11th

Please reserve your place at Jubilee reception to avoid disappointment

Xmas Extravaganza - December 13th

Choir and a Live afternoon show

Tickets available soon for our upcoming events.

Stay tuned for more details in our next newsletter and on our website.



If you have an upcoming function or special occasion and would like to have it at the Jubilee Centre then call 0161 763 9030 and ask for Ania/Leisa to discuss hiring the room and amenities or email events@ageukbury.org.uk with your enquiry

FINALLY... A BIT OF FUN

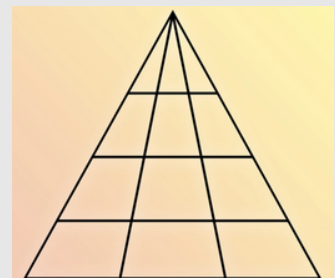
Limerick of the Month - August Holidays

August is a time for vacation,
getting ready to jet off to your holiday location,
with suitcases stacked,
and essentials all packed,
wondering will your flip-flops last the duration.



Brain Teaser

How many triangles can you find ?



July's answer was: box C