

## GENERAL INFORMATION

Should anyone like a Printed copy of this newsletter please ask at the Jubilee reception.



An alternative electronic version of this newsletter in PDF format, as well as previous releases, is available on the AgeUK Bury website.

Find it on the 'Get Involved' - 'Newsletters' webpage tabs.

Visit us on Facebook at <https://www.facebook.com/AgeUKBury/>



Don't forget to hit that Follow!



Donations of brand-new, unwanted items that might work as tombola or raffle prizes would be greatly appreciated. Please hand them in at Jubilee Reception.

Item  
Donations



## JUBILEE CAFE

Open on Saturdays from 10.00 am till 16.00 pm

Join us for a bite to eat and a cuppa.

Take in the beautiful surroundings of Clarence Park, have a leisurely stroll around the Lido, or just get together with loved ones.

Serving hot & cold food, cakes and a variety of drinks, and ice creams.

## CAFE VOUCHERS

Gift Vouchers Now Available!

We are pleased to introduce our cafe's new Gift Vouchers. The Gift Vouchers are available for purchase from Jubilee Reception in a variety of denominations. £5, £10, £15, and £20.

A great way to give a family member, friend, or loved one a treat!



## SERVICES HIGHLIGHT - FRIENDS TOGETHER

### Friends Together Hubs

Connecting with others is essential for our well-being, especially as we age. If you find yourself spending most of your week alone, consider joining our Friends Together Hub designed for older adults aged 65 and over.

These gatherings offer a wonderful opportunity to meet new friends, share stories, enjoy engaging activities and savour a lovely two course lunch.

Our activities include arts and crafts, dominoes, bingo and board games, along with regular days out and parties throughout the year.

Our hubs are located in the north of **Bury, Prestwich, Whitefield and Radcliffe** and operate **Monday to Thursday, 10.00 am till 16.00 pm**. We also offer (when available) minibus transport.

Stepping out for a day can brighten your spirits and help you feel more connected to your community.

Take an opportunity to make new memories and enjoy the company of others!

For more details please call **Jubilee reception 0161 763 9030** and ask for **Carla**.



Friends Together

## NEW TRUSTEES - WELCOME

### Pat Jones-Greenhalgh – Chair



Pat brings a wealth of experience to the role of Chair for Age UK Bury. She brings 45 years of experience within Health and Local Government across the North West and Nationally. As a former interim Chief Executive of Bury Council she is an experienced national and regional leader with a proven track record.

Strongly customer-focused and passionate about organisational, team, individual success. Motivated by a desire to constantly improve and create new strategies. We are excited to have Pat on the board of trustees and to have her wise input.

### Alison Mooney - Vice Chair



Alison has nearly 43 years of experience working in the public sector. She has worked for several local councils, including Bury Council, and for an NHS Foundation Trust. She began her career as a Junior Clerk then spent the majority of those years in Human Resources.

She is knowledgeable in recruitment, staffing, communication, liaising, gathering and evaluating data, policies and procedures, and best practices. Her wide range of people skills and general guidance will be of great benefit and is a welcome addition to the board of trustees.

### Sheena Crombie - Trustee



Sheena's career encompassed a great deal of liaising with contractors, other professionals, the public, and politicians in both national and local government. She has been involved in development and implementation of projects, ensuring that environmental considerations were suitably included.

Working in the public sector she had to be aware of financial limitations and have a solid understanding of forecasting and budget reporting. Her role included the development of user groups, organising liaison meetings and the writing of strategy documents.

She has worked extensively within the voluntary sector and she is currently an active member of AGE UK Connect and Support Services nationwide.

Her ability to organise and develop projects will be very beneficial to the charity.

## DIGITAL SKILLS WORKSHOP

Every Monday, 10.00 am to 12.00 noon.

Struggling with a piece of technology? Need help with anything online?

We have 'Digital Buddies' at the Jubilee on Mondays to help guide you.

Make a note of your issues or whatever you would like to achieve and bring your device with you to the free workshop sessions.

Learn about technology and navigating the internet and become more tech savvy!



## NEW TAI CHI INSTRUCTOR

### Welcome Stewart Hay

Stewart has been in practice since 1992 and brings a wealth of experience and knowledge.

As a Senior Instructor for the Tai Chi & Qigong Union of Great Britain he wants to continuously emphasise and impart the advantages of Tai Chi & Qigong and the benefits to your overall wellbeing.

He adapts his lessons to accommodate students of varying ability levels and his enthusiasm for teaching comes from seeing participants' continuously improving posture, coordination, and confidence. Learning and mastering subtle movements and delicate breathing techniques can be challenging but rewarding.

Please join our classes on Thursday and Fridays and see how much Tai Chi can help provide presence and calm as well as strengthening physical form.

**Classes are on: Thursday 10.45 to 11.45 am and Friday 10.30 to 11.30 am**

Each class is just £5.50.



## VOLUNTEERS THANK YOU DAY

### National Volunteers Week

Volunteers' week is an Annual UK-Wide event to celebrate and recognise volunteers and has been running for over 40 years.

The Jubilee Centre and Managers welcomed nearly 30 volunteers from various departments to a special gathering to show and express their gratitude for the work and effort they all provide.

Speeches by Ania, CEO, thanking everyone for everything they do, followed by Steph, K-i-T Manager, and Gail, Catering Manager emphasised how important and appreciated each person one was to the charity.



Everyone enjoyed the buffet brunch, which was followed by a fun quiz and bingo to cap off the afternoon with a huge thank you to DJ Paulski Events who provided the prizes and entertainment.

It was wonderful to see so many familiar faces catching up and enjoying themselves. The positive feedback received was heart-warming and reaffirmed how important it is for us to make our volunteers feel appreciated.



## THE RETURN OF WINTER FUEL PAYMENT

### Government Announcement



A national campaign pressing the Government has been successful and it has restored the winter fuel payment.

On 9th June 2025, the Government announced that they are reinstating the Winter Fuel Payment for everyone over the State Pension age in England and Wales. Anyone with an income of, or below, £35,000 a year will get the Winter Fuel Payment this winter.

The payment of £200 per household, or £300 per household (where there is someone over the age of 80), will be made automatically to help with heating bills for winter.

**You do not need to do anything! Just regularly check your fuel statement.**

For more clarification please go to our Winter Fuel Payment - Information and Advice page on our website at [ageukbury.org.uk/our-services](http://ageukbury.org.uk/our-services)

## SCAM ALERT

### Winter Fuel Text Messages

We are receiving reports of people getting text messages which appear to be from the governments DWP regarding the upcoming winter fuel payment.

**This is a Scam!**

The messages direct you to an online form where you're encouraged to enter personal information. Please disregard and delete the text message immediately.

**The government has said you do not need to do anything.**

**Payments will be made automatically. They will not contact you directly.**

Please make others aware and to be careful. Now that the winter fuel payment has been restored, this will probably happen frequently. Please exercise caution.



## ACTIVITIES SPOTLIGHT - LINE DANCING

### Line Dancing with Julie Hawkins (Jules Line Dance)

Our new Line Dancing teacher has been a big hit with our dancing regulars. Mixing it up with new moves and tunes Julie has added a new layer of enjoyment for everyone and the feedback to her new style of classes has been incredibly positive with more and more people joining in each week.

Line Dancing session are held on **Friday Afternoons**.

Our current timetable is:-

- **11.45 am to 12.45 pm: Absolute beginners/Beginners**
- **12.45 pm to 14.00 pm: Improvers/Intermediates**
- **14.00 pm to 15.45 pm: All Request Social**

To attend and enjoy each line dance session is only £5 per session.

Stop by a Friday afternoon and enjoy a whole new experience.



Line Dancing





We have 59  
members taking part



## THE 100 NUMBERS CLUB JUNE WINNERS

**Congratulations 1st Prize Winner**

**Num 21, Duncan Lees £73.75**

2nd - Num 55, Christine Darrock £44.25

3rd - Num 57, Jenny Harkison £14.75

**NUMBERS  
AVAILABLE!**

This month we have introduced a live draw of the balls. Age UK Bury quiz enthusiast and regular Jean Robb kindly volunteered to pick the balls in front of her fellow quiz participants.

Thank you Jean, for a great job !

Try your luck and join in on the monthly fun.

Simply visit our website, complete the form,  
and get ready for the upcoming draw. Wishing you luck!

## D-CAFF MEET

### Greenmount Village Community

A lovely place to meet for people living with dementia,  
their carers, family and friends.

Located at Canon Lewis Hall, Longsight Road, Bury, BL8 4DB.

**Friday, 12<sup>th</sup> September 2025 from 10.00 am to 16.30 pm.**

A chance to meet professionals offering information and advice,  
a Virtual Dementia Experience, Armchair exercises, Pets as Therapy.

Light refreshments provided.

Greenmount Village Community  
**D-CaFF** 

## NHS OPHTHALMOLOGY SERVICES

### Have you used this service?

Do you have any thoughts about your experiences or ideas for the future?

GMICP have been working closely with patients and healthcare professionals to ensure that the Ophthalmology service best meets the needs of those who use it, and they would like to hear from you!

A NHS team from GMICP will be at the Jubilee Centre on

**Thursday, 10<sup>th</sup> July 2025 from 10.00 am till 13.00 pm.**

to discuss and listen to people who have used the service.

Stop by and share your thoughts, they will appreciate your input.

**Greater  
Manchester  
Integrated Care  
Partnership**

**NHS**

## BATTERY RECYCLING

### Helping the environment

Please avoid just throwing batteries away and dispose of them wisely.

We have a battery recycling collection box in Jubilee reception.



## MUSIC IN MIND PROGRAMME

### Third Term Under Way

With the previous two terms being a big success and enjoyed by everyone, we have moved forward into a third term of MiM.

The participants and their carers who have been attending our free afternoon sessions have been abuzz using handheld instruments and making music.

Do you know someone with dementia that would enjoy and benefit from taking part in the music session? Please bring them along.

**Tuesday afternoons, arrival by 14.30 pm, session starts at 14.45 pm**

Refreshments are served before the session.



## WE ARE LOOKING FOR MUSIC CHAMPIONS

### Would you like to help people with dementia?



Do you like music?

Would you like to bring joy to the lives of people with dementia by making music together?

### Volunteer to be a music champion!

This will be a rewarding experience and no musical knowledge required!

Please call **Jubilee on 0161 763 9030** or email **admin@ageukbury.org.uk** expressing your interest and for more information.

## EVENT - UPDATE

### Ceilidh Evening

With traditional Ceilidh music filling the air by The Barber Band everyone enjoyed the simple pleasure of moving to the rhythm and group ring formations, guided by caller Nicki Simpson (thanks to Patrick for filling in) who ensured everyone knew the steps.

The evening raised £945 towards the refurbishment fund of the Jubilee Centre. We appreciate everyone's generosity and the band's contribution of their free time.

A huge Thank You to everyone for your support!



## EVENT - UPDATE

### Bury Pride Weekend



People from all walks of life came together within the LGBTQ+ community in Bury. The atmosphere was filled with joy and laughter and solidarity, as individuals expressed their identities and support for one another.

Staff from Age UK Bury were there to show their support for the event. It was a fun packed afternoon in Bury town centre, with lots of stalls and everybody looking 'fabulous'.

### HANDYPERSON SERVICE

#### Do you need DIY help or have repair jobs?

We have a dedicated service especially for you. For a small cost, we can help! depending on the scale and length of work being done and materials required. Just make a list of jobs we can undertake, ideally in one visit, and gives us a call. If we are unable to do a specific task we have a directory of trusted trades people that we can recommend.

Please call **Sue** with your enquiry on **0161 796 6949** or email **hp@ageukbury.org.uk**



### TAXI VOUCHER ISSUES

#### Voucher Refusal



We have had reports of some taxi drivers from various companies not accepting local council approved vouchers as payment.

Drivers must accept these vouchers.

Please do not be forced to use a different payment method.

If you happen to experience any difficulties or even refusal then note down the driver's taxi licence number and route, and report it to the relevant taxi company.

### UNWANTED STATIONARY

#### We are short on supplies

We are in urgent need of stationery supplies. If you have unused stationary, stored away, unlikely to be used, then we would love to have it.

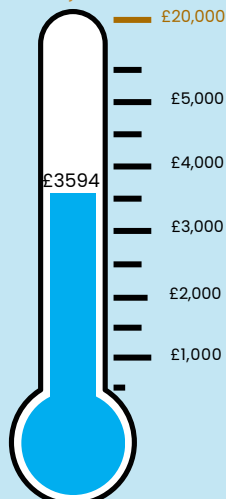
We especially need the following:

A4 Photocopying Paper, Pens, Pencils, Staples, Sellotape, Rubber bands, A4 Laminating Pouches, Envelopes, Post-it notes, Jiffy Bags.

Anything (of reasonable quality) will be gratefully appreciated and used. Thank you.



**GOAL**  
£20,000



### FUNDRAISING UPDATE

#### Refurbishment for the Jubilee Centre

##### Ceilidh Event - £945

The Bury Folk Dancing Club had an evening of dancing and raised a wonderful £945. Huge thank you.

## VACANCIES AND OPPORTUNITIES

Full time & Volunteering



### TRUSTEES - SEEKING NEW MEMBERS

**We are looking for Trustees with specific skill sets to join the charity**

Do you, or do you know someone, with spare time, drive and commitment willing to help guide the charity?

Possess the abilities, know-how, and skills necessary to lead, support, and help expand the charity?

Would like to play a key part in the management and administration of the organisation?



### LEGAL EXPERT AND ADVISOR

Legal skills and knowledge?

Willingness and commitment? Spare time? Please get in contact.

### ACCOUNTS AND FINANCE

Accountancy and financial skills? Good with numbers and spreadsheets?

Meticulous and thorough. Please get in contact.

For an informal chat and more information please call Jubilee on **0161 763 9030** and ask to speak to Ania or email your CV to **ania@ageukbury.org.uk** along with and a short cover note outlining your experience.

## VOLUNTEER REQUIRED

### Part time K-i-T Administrator

Our Keeping in Touch department is looking for a Volunteer Administrator, this role will be based at The Jubilee Centre in Bury.

The role will be for a few hours during the week on Monday and Tuesday – Afternoons (Timings flexible).

Candidate will ideally be proficient on Microsoft Word and Excel. The role will involve typing of new clients' profiles, feedback forms, ad hoc admin, entering data on our inhouse system and entering information accurately onto spreadsheets.

If you would like to make a difference and be part of this great service please get in touch.

If you are interested then please call Steph for an informal chat on **07725 735811** or email **steph@ageukbury.org.uk** or call Jubilee reception on **0161 763 9030**.





## VOLUNTEERS NEEDED

### JUBILEE CAFE



**Do you have any spare time and would like to do something rewarding and socially active for an amazing charity?**

We are looking for volunteers to help in the Jubilee Café, any odd day or few hours you have free, Monday through to Saturday, who are eager to leave a positive mark on the hospitality industry and evolve alongside a dedicated team.

Excited to be in a creative and busy environment.

Able to engage warmly with café customers and passionate about customer service.

Be part of this local charity, helping it grow and making a difference to the visitors to the Centre and people living in Bury.

We would love to hear from you. Please call Jubilee on **0161 763 9030** or email **admin@ageukbury.org.uk** for further information and for a volunteer pack.

## VOLUNTEERS NEEDED

### BURY AND RAMSBOTTOM SHOPS

**Do you have any spare time and would like to do something rewarding and socially active?**

**Enjoying meeting and helping people?**

Would you like to help out in one of our charity shops in Bury or Ramsbottom?



Any weekday or weekend you are free, even a few hours will be a great help.

We would love to hear from you. Please call Jubilee on **0161 763 9030** or email **admin@ageukbury.org.uk** for further information and for a volunteer pack.

## VOLUNTEERS NEEDED

### KEEPING-IN-TOUCH SERVICE



**Do you have spare time to support someone via a friendly phone call?**

There is a high demand for our phone service. We are committed to staying in touch with those who are confined to their homes, manage independently, or simply want a kind voice on the other end of the phone.

If you would like to volunteer and make a difference please contact **Steph** on **07725 735811** or email **steph@ageukbury.org.uk** for information.

### UPCOMING EVENTS

List of events, entertainment and fun social gatherings.



## JULY 2025

### Family Fun Day

Saturday, 12th July, 11.00 am till 15.00 pm

The moment has come for us to have our annual Family Fun Day at the Jubilee Centre. Lots of activities available for both kids and adults, and the café is open.

Hopefully, this year's weather will be nicer and dry!

- Stalls
- Tombola & Lucky dip
- Face painting
- Cup ping pong
- Soft tip darts
- Colouring competition
- Drawing competition
- Play your cards right
- Bottle dip
- Drum kit

## JULY 2025

### The Jerseys

Friday 18<sup>th</sup> July - 19.00 pm till 23.00 pm

Celebrating the timeless music of Frankie Valli & The Four Seasons.

Bar available.  
Raffle prizes on the night.

Tickets £20 per person

To book, call or visit **Jubilee Reception on 0161 763 9030**  
or email [jubilee@ageukbury.org.uk](mailto:jubilee@ageukbury.org.uk).



### DATES FOR YOUR DIARY...

The Bootleg 60's - September 26th

Texas Tornados - November 28th

VISIT OUR  
WEBSITE FOR THE  
LATEST AND  
UPCOMING EVENTS  
DETAILS

If you have an upcoming function or special occasion and would like to have it at the Jubilee Centre then call 0161 763 9030 and ask for Ania/Leisa to discuss hiring the room and amenities or email [events@ageukbury.org.uk](mailto:events@ageukbury.org.uk) with your enquiry

## FINALLY... A BIT OF FUN

### Limerick of the Month - Summer Sun

In June when the sun's blazing bright,  
Sunbathing all day is a delight,  
Skin covered in lotion,  
Moving in slow motion,  
As we eek at our sunburn - what a sight!

