Music/Arts and dementia - collated list May 2021

National/International

- Music for dementia national and has funding, pathway, map, resources for Social Prescribing Music for Dementia
 - o Musical-Dementia-Care-Pathway.pdf (musicfordementia.org.uk)
 - A paper summarising all the evidence in to one place <u>Music-for-Dementia-research-White-Paper.pdf</u> graphic with all the facts on one sheet <u>m4d-infographic.pdf</u> (<u>musicfordementia.org.uk</u>)
 - <u>Dementia and Social Prescribing Music for Dementia</u> Click here for resources for Social Prescribing link workers
 - o <u>Musical Map for Dementia</u> virtual events listed on the map across UK
 - o <u>Social-Workers-Guide-A4.pdf</u> guide on how to embed music in care plans
 - Case studies Real Stories Music for Dementia
 - o Advice for people living with dementia at home Music for Dementia
 - Advice for family and professional carers at home Music for Dementia resources and advice for family or carers supporting someone living at home musicalguide.pdf (musicfordementia.org.uk) during COVID-19 resources
 - Resources for care homes Toolkits / Resources For care homes Music for
 Dementia including Singing tutorials and tips for care staff Live Music in Care (wordpress.com) when leading singing with residents
 - <u>A-Dose-of-Music-1-page-document.pdf (musicfordementia.org.uk)</u> when administering medication/vaccine
- Arts for dementia Arts 4 Dementia. Empowerment through artistic engagement
 - Map of events across UK Events | Arts 4 Dementia
 - <u>Early-Stage Dementia Awareness Training for Arts Facilitators | Arts 4 Dementia</u> all accessible via Zoom, for a small charge
 - Resources | Arts 4 Dementia includes a range of resources for family members, care staff, people living with dementia, as well as for arts and heritage organisations
 - Includes a report on the value of music <u>A4D Report Music Reawakening | Arts 4</u>
 Dementia
 - o Include a report with evidence <u>A4D_REAWAKENING_Integrated</u> Arts & Heritage_Report_web | Arts 4 Dementia
- Global Brain Health Institute Arts, music and drama Art, music, and brain health intersect in new drama 'UnRavelled' | Global Brain Health Institute (gbhi.org)
 - Artistic Initiatives | Global Brain Health Institute (gbhi.org)
- British Gymnastics Foundation love to move, involves music and exercise, free online sessions and booklet Love to Move | British Gymnastics Foundation
- Radio
 - o M4D Radio Welcome To M4D Radio
- Reading/books
 - o <u>Dementia | Reading Well booklists | Books | Reading Well (reading-well.org.uk)</u>

GM wide

- Holly Marland So many beauties festival 2019, Art Council funding for Music and dementia and BAME in 2020
 - o Email: hollymarlandmusic@gmail.com

Choirs

- Singing for the brain Alzheimer's Society accessible virtually
- EDUCATE intergenerational choir
 - o Doing Dementia Differently Music for Dementia

Care homes

- Music in mind Manchester Camerata remote platform and virtual offer
 - o Music and Dementia Manchester Camerata
 - o Email: LHoskin@manchestercamerata.com
- Music matters Oldham project for tech and personal playlists in care home
 - o Marie Baistow Email: <u>marie.murphy@nhs.net</u>
- Hallé Orchestra in HMR The Willows, Care Homes
- Purple Angels play list and offer for each person with dementia
- Each care home has their own programme of activity music, creative arts

Post Diagnostic Support groups/dementia advisors

• Invite localities to add in here

Theatres

• Royal Exchange elders programme

Greater moments

• Invite Stacey and Gary to add in here

GM Ageing Hub

- Creative care packs
- Keeping well resources
- Links to wider research

Research/other

- John Keady's/University of Manchester research on 'moments' to contact for the research
- 1. IDoService Dr Isabelle Tournier Manchester School of Art (mmu.ac.uk)