

NHS Bury Clinical Commissioning Group



Latest Covid-19 advice for the borough of Bury – 4 June, 2021

We go door-to-door to combat rapidly rising infection rates

As infection rates in Bury continue to rise rapidly, our teams are going door-to-door in Bury to encourage residents to take up their vaccine offer, to test regularly and to self-isolate if required.

Currently the borough's infection rates are among the highest in the UK, and latest data shows they will continue to rise. We need to do everything we can to stop the spread.

Thousands of households across the whole borough will be visited, starting this week in the Bury East areas of Springs, Pimhole, Fernhill and Buckley Wells. Residents will be encouraged to take up the vaccine if they haven't already done so, will be guided through testing options available in the borough and talked through support and arrangements for self-isolation.

Helping to drive home the 'Test, Isolate, Vaccinate' message will be ad vans touring the borough and a booklet being delivered to every home.

Three 'no appointment needed' vaccination clinics to give people their first dose of the Pfizer vaccine have been set up this weekend, and others will follow across the borough in the coming weeks.

- Saturday 5 June Noor Ul Islam Mosque, Yarwood Street, Bury from 12pm to 7pm.
- Saturday 5 June Prestwich Walk-in Centre, Fairfax Road, Prestwich from 2pm to 5.30pm.
- Sunday 6 June Elizabethan Suite, Knowsley Street, Bury from 8.30am to 6pm.

People who are unsure about whether they fall into an eligible group can attend a centre and staff will advise them.

Councillor Andrea Simpson, cabinet member for health and wellbeing, said: "We're making tremendous progress on getting Bury people vaccinated. But there are still people who, for a number of reasons, have not taken up their invitation.



"We want to take the message right to people's doorsteps that having this vaccination will protect you, your families and friends from this potentially fatal illness – remember, more than 500 Bury people have died from coronavirus, and many more have become seriously unwell."

The door-knocking campaign is being carried out by staff from Bury Council, NHS Bury CCG and Six Town Housing, plus volunteers from ADAB, Bury Asian Women's Centre and the borough's Community Hubs.

Lesley Jones, Bury's director of public health, said: "Infection rates have risen recently in Bury, driven by the new more transmissible and dominant Delta variant (first identified in India), plus the easing of the lockdown rules. We all need to act fast and do our bit to stop it spreading further.

"We are also speaking to people about getting tested regularly as not everyone who has Covid shows any symptoms, so if you get tested you are protecting other members of your family, the people you work with and friends you might be seeing now that we are allowed to meet in each other's houses."

Cases continue to rise rapidly

The number of new cases of Covid-19 in Bury continued to increase rapidly in the week up to 29 May. The weekly rate of new cases on 29 May was 112 per 100,000. More recent (incomplete) data shows this has increased further.

Numbers of new cases have increased across Greater Manchester, most sharply in Manchester and Salford. The increase in the number of cases is most pronounced in secondary school aged children and younger working adults (aged 20-39).

The increasing number of cases is likely linked to both the spread of the more infectious Delta variant (first identified in India) and also to the relaxation of restrictions: Google community mobility data shows that activity in shopping and grocery settings is now back to pre-pandemic levels and we are seeing increasing instances of transmission through household visiting, transport, leisure settings, eating out, and workplaces.

The number of people in local hospitals with Covid-19 remains low. There were three deaths registered in Bury with Covid-19 mentioned on the death certificate.

7-day case figures:

- Week ending 29 May: infection rate per 100,000 112 (233 new cases).
- Week ending 22 May: infection rate per 100,000 65.5 (125 new cases).
- Week ending 15 May: infection rate per 100,000 38.2 (73 new cases).
- Week ending 8 May: infection rate per 100,000 22.5 (43 new cases).



Another 4k first jabs done as Bury first vaccines now top 112k

A total of 112,348 people registered with a Bury GP have now had their first dose of the coronavirus vaccine – with more than 4,000 having received their first jab since last week. A total of 76,180 residents have now received their second jab.



As the borough continues its fightback against new and more infectious variants of the virus, the vaccination programme is being accelerated in the coming weeks to deliver more first doses, and second doses more quickly.

Vaccinations have now moved beyond the original target of people in Tiers 1-9 (the over-50s and clinically vulnerable).

There are multiple options for eligible people to get vaccinated:

- Come along to one of the local walk-in sessions details above
- Book an appointment locally: <u>covid.nhsbookings.com/gmpcn</u>
- Fairfield Hospital is running Pfizer vaccine clinics from 8 to 25 June book at <u>srft.nhsbookings.com/v2</u>
- A drop-in clinic without appointment will take place at Fairfield Hospital on 10 June from 1pm to 8pm. The Hospital Hub is located at the Education Centre (signposted on site). Queries about booking can be made by email <u>bury.vaccinations@pat.nhs.uk</u> or by phone on 0161 778 2104.
- Use the NHS national booking service online or call 119.

Remember:

- Vaccinations are given to people in the priority order set by the Government
- For people aged over 50 and those who are clinically vulnerable, the second dose of the vaccine is given 8 weeks after the first dose. For everyone else it will be given 11 weeks after the first dose. You will be contacted by letter, phototext message book are interested.

Hands

Face

Space

when the time is right. If you haven't been contacted by the week before the date your second dose is due, please contact your GP practice.

• You must still follow the Covid-safe rules even if you have been vaccinated – it takes several weeks for the vaccine to work, and you may still be able to catch the virus and pass it on.

Find out more about the vaccination programme in Bury.

Keep up to date with all of the latest information about the Covid-19 vaccination, along with the benefits and risks, in this <u>useful information guide</u>.

It's best to test!

Our Best to Test campaign rolls on, and can be seen prominently across the borough on outdoor media and online. It encourages everyone who does not have coronavirus symptoms to get tested twice a week to protect those around us - our loved ones and work colleagues - and to help us get back on our feet.

Rapid testing for everyone

In Bury we are supporting the Government's request to try and stop case numbers rising further, through everyone without symptoms getting regularly tested for coronavirus.

An estimated 1 in 3 people who have the virus don't know that they do, so they could unknowingly be passing it on to their loved ones or work colleagues.

Regular rapid testing, twice a week, helps to pick up cases that might otherwise not have been discovered. With this knowledge we can break the chain of transmission, helping us to protect people around us and safely get back to the things we enjoy and a more normal way of life.

The rapid test, known as a lateral flow test, takes approximately five minutes to complete and the result is available in around an hour if you are having an assisted test, or 30 minutes if you are taking the test yourself at home.

There are two main ways you can arrange a rapid test:

1. Assisted testing at a test centre

You can book an assisted rapid test at one of our testing centres. Our team will explain what to do and will process your result which will be sent to you by email or text message in around an hour.

You can book an assisted rapid test online, to be carried out at either:

- Waterfold Business Park, Bury BL9 7BR.
- The Mosses Centre, Cecil Street, Bury BL9 OSB.

2. Home testing with a self-test kit

You can also take the test yourself at home by following the instructions included with the self-test kit. You can collect a supply of self-test kits from a local testing site at certain times, from participating community pharmacies, or order kits to be sent to your home.



Registering your result

If you self-test at home you will need to register your result online or by phoning 119 within 24 hours of taking your test.

If you have a positive result

Anyone who has a positive test result should self-isolate and will be required to take a follow-up PCR test within two days to confirm the result, even if they don't have symptoms. This is also important to help track any variants of concern.

Even if you have a negative result, it's still vital to continue to follow the guidance around hands, face, space and air to avoid catching coronavirus.

Find out everything you need to know, book a test or request/arrange to pick up testing kits to use at home on our <u>testing information page</u>.

If you have Covid-19 symptoms, here's how to get tested

If you have any of the three most common symptoms of coronavirus - a high temperature, a new continuous cough, or a loss or change to your sense of smell or taste - we urge you to get tested to protect yourself and the people around you. Please get tested within the first 3 to 5 days of symptoms.

A range of testing options are available right across the borough:

- No appointment needed at Bury's walk-through testing centre, open 10am 3pm, Monday Friday (excluding bank holidays) at Chesham Fold, 95 Chesham Fold Road, Bury BL9 6JZ.
- By appointment 8am 1.30pm, with some locations open seven days a week, at Department for Health & Social Care testing centres located at:
 - o The former Radcliffe Pool car park, Blackburn Street, Radcliffe
 - o Whitefield Library, Pinfold Lane, Whitefield
 - o The Metro Christian Centre, 13 Parkhills Road, Bury
 - o Longfield Centre car park (via Rectory Lane), Prestwich
 - o Great Eaves Road test site, Great Eaves Road, Ramsbottom
- Bury's drive-through testing site at Waterfold Business Park is available by appointment only.

Access the latest information about testing and availability or call 0161 253 5515.

Stop the spread - self-isolate

If you're told to self-isolate, it's important to do so immediately and for the full 10 days. You shouldn't leave home for any reason during this time (including the period of awaiting a Covid-19 test result).

Keeping yourself away from other people when you could be infectious is the most effective way of stopping coronavirus from spreading.



You're not alone if you find doing this hard. Planning ahead, even before you have been told to selfisolate, can make things easier; for example, think about how you would get necessities like food and medication in the event of the household having to self-isolate.

Bury's Community Hubs are supporting households who are isolating and do not have friends or family nearby who can help them. Those who have tested positive for coronavirus will be contacted by the hubs on Day 1 and Day 6 to arrange help if needed.

Call 0161 253 5353 (Monday to Friday, 9am to 5pm) for information or to talk to us about what help you might need.

Helping people through the toughest times

Mental health support

As the coronavirus pandemic continues, life has changed for all of us and it's natural that this may cause you to feel worried or anxious, lonely or frustrated. If you feel you need some extra support, Bury's Getting Help Line is a confidential telephone service run by the voluntary sector for people of all ages who are experiencing difficulties with their mental wellbeing.

You can access advice, guidance and signposting to local services by calling the Getting Help Line on 0161 464 3679. <u>Find out more</u> about other mental wellbeing support.

Business support

Local businesses are reminded that they may be eligible for a Restart grant to help them get going post-Covid.

They are aimed at firms such as shops, pubs and gyms who have reopened their doors as lockdown restrictions have been lifted.

The council has already paid out 1,057 Restart grants worth £7.7 million, and the deadline for applications is 30 June.

There are two types of grant available:

- **Restart grants for non-essential retail businesses.** Depending on your business's rateable value, grant payments will be either £2,667, £4,000 or £6,000.
- Restart grants for hospitality, accommodation, leisure, personal care and gym businesses. Again, depending on rateable value, grants will be £8,000, £12,000 or £18,000.

To see if you are eligible, and to apply for a grant, go to www.bury.gov.uk/restartgrant





Could you help us get important Covid-19 information out to people in Bury?

The Bury Community Champions scheme was created so we could get important news about Covid-19 developments out to people quickly, and in the best format for them.

We're looking to recruit more Champions to join the dozens of people across the borough who have already signed up to the scheme, and help our public health team to co-produce and send out information like bulletins, leaflets, videos and assets for social media, some of which could be adapted for different needs, e.g. in different languages.

As the latest developments with new variants have shown, getting the word out to our communities so that people can take action for themselves and their families is more important than ever.

Find out more about becoming a Community Champion.

Next update due Friday 11 June, 2021. Find up-to-date information at bury.gov.uk/coronavirus



