

Virtual Vegan Luncheon Club!

From the comfort of your home via Zoom.
Get in touch for the Zoom link and
password



1-2pm

Find our Facebook group Virtual Vegan
Lunch Club

4th Tuesday of the month

Open to vegetarians, vegans and meat
reducers aged 65 and over.

Dates for 2020

22 September

27 October

24 November

22 December



We'll provide the recipes a week in advance for you to cook on the day. Then join us at 1pm on Zoom to enjoy it, chat about the recipe and all things cooking related with our Roving Chef .

**To book your place or
for more info**

please contact V for Life at:

0161 257 0887

ellie@vegetarianforlife.org.uk

**Vegetarian
for Life** 

 **Manchester
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For more information, visit: <https://vegetarianforlife.org.uk>