

Christmas / New Year Timetable

The Jubilee Centre & Café will be closed on

- Friday 22nd December,
- Monday 25th December
- Tuesday 26th December
- Monday 1st January 2024

MONDAY

11.00 –12.30	YOGA With Melanie Mason	Last class: 18 th December First class in 2024: 8 th January
1.00 - 4.00	SHORT MAT BOWLING	Last session: 11 th December First session in 2024: 8 th January
6.00 – 7.30	YOGA & MINDFULNESS With Melanie Mason	Last class: 18 th December First class in 2024: 8 th January
8.00 - 10.00	BURY FOLK DANCERS Ask for the dates at reception	Last dance: 18 th December First dance of 2024: 8 th January

TUESDAY

9.45 - 10.45	FIT FOR LIFE With Diana Askew	Last class: 19 th December First class in 2024: 2 nd January
11.00 - 12.00	PILATES With Diana Askew	Last class: 19 th December First class in 2024: 2 nd January
12.15 – 1.15	CHAIR-BASED KEEP FIT With Diana Askew	Last class: 19 th December First class in 2024: 2 nd January
12 onwards	LET'S DO LUNCH GROUP	Last Lunch: 19 th December First Lunch in 2024: 2 nd January
1.30 – 2.30	DANCE FIT FUN (WOMEN ONLY) With Sian Edwards-Davies	Last class: 19 th December First class in 2024: 16 th January
2.00 – 3.30	KNIT & NATTER CLUB With Marion Schofield	No group on 26 th Dec

WEDNESDAY

10.30 -11.30	COMMUNITY CHOIR With Emma	Last Sing song: 20 th December First Sing song in 2024: 3 rd Jan
12.45 – 1.30	CHAIR-BASED KEEP FIT With Diana Askew	Last class: 20 th December First class in 2024: 3 rd January
1.45 – 3.30	BINGO AND QUIZ In the main hall	Last session: 20 th December First session in 2024: 3 rd January

THURSDAY

9.30 -10.30	MEN-ONLY KEEP FIT With Debs Cassar-Egan	Last class: 21 st December First class in 2024: 4 th January
10.45 - 11.45	TAI CHI With Sue Johnson	Last class: 21 st December First class in 2024: 4 th January
12.15 - 1.15	SEQUENCE DANCING FOR BEGINNERS With Keith and Nadine Purslow	Last class: 21 st December First class in 2024: 4 th January
1.30 – 4.00	TEA DANCE With Andrea Lynette-Young	Last dance: 21 st December First dance in 2024: 4 th January

FRIDAY

10.45 - 11.45	TAI CHI With Sue Johnson	Last class: 15 th December First class in 2024: 5 th January
12.00 - 1.00	LINE DANCING (IMPROVERS LEVEL) With Malcolm Brister	Last class 15 th December Class will take place on 29th December
1.00 - 2.15	LINE DANCING (INTERMEDIATE LEVEL) With Malcolm Brister	No class on 15 th & 22 nd December Class will take place on 29th December
2.15 - 4.00	SOCIAL LINE DANCING (ALL LEVELS) With Malcolm Brister	No class on 15 th and 22 nd December Class will take place on 29th December
2.00 – 3.30	KNIT & NATTER CLUB	No group on 22 nd December

FOOTCARE CLINIC With Dougie Warrington		
Dougie's last appointments will take place on Tuesday 19 th December and will start again on Tuesday 2 nd January.		

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Merry Christmas & a Happy New Year ———to everyone!